



Soropti-SCOOP

A Communique by
women dedicated to improve the lives of women and girls
in local communities and throughout the world.

SOROPTIMIST

Best for Women

Vol. 12, Issue 4

Soroptimist International of Sequim

October 2008

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“Laughter is the
shortest distance
between
two people.”
~Victor Borge

MESSAGE FROM THE PRESIDENT

Dear Fellow Soroptimists:

At our September 28 Program Meeting we were privileged to hear from Calloway Tyree, our Women’s Opportunity Award winner for 2007 – 2008. The Women’s Opportunity award assists women by giving them resources they need to improve their education, skills and job prospects. Calloway is a single mom who escaped domestic abuse and struck out to make a better life for her and her son. I love hearing these stories and how our hard work has made a difference. If you missed this meeting you can read about Calloway in the June 2008 *Soropti-Scoop*.

October is Breast Cancer Awareness month. Willadee Tallman and yours truly played in a Rally for the Cure golf tournament at Sunland. Fun was had by all while raising money for Breast Cancer research. A recent guest at our September business meeting, Kathy Wheeler, gave a talk recounting her experience with facing breast cancer at age 31 and having a double mastectomy by her early 40’s. This is an equal opportunity disease and we should ALL be diligent in doing self breast exams.

On October 10 several members of our club took time out to attend the Mad Hatter’s Tea Party. This event was started 11 years ago by a few local women who wanted to show their support for women in our community who are battling breast cancer and also to promote awareness and early detection. If you have never attended this event, you should. The guest speakers I have heard who recount their personal stories are amazing. You leave realizing that “but for the grace of God go I”.

On October 24 Sandy Reed, Kathy Purcell, Rose Jaeger and myself will head for Olympia to attend the District 1 meeting. It looks like a full agenda and I’m sure we will come back with loads of information and enthusiasm to share with you.

Our new meeting venue at the Cedars at Dungeness is really lovely and I look forward to seeing you all there for our October 14 business meeting. Until then, *Imagine the Possibilities*.

Kathleen DeJong, President
SI Sequim

“Those who are quite satisfied sit still and do nothing; those who are not quite satisfied are the sole benefactors of the world.” ~Walter Savage Landor

Letter from the Editor

Dear Friends,

It's October. A time of jack-o-lanterns, bats and Halloween. It's also Breast Cancer Awareness Month.

I remember when I was a kid my siblings and I would dress up and go trick-or-treating. Many a year I was dressed as a nurse. Maybe that's because I like to help people. I don't recall ever being a princess. A couple of times I was a jester – which is kind of like a clown.



I come from a family of punsters so I know the value of humor. Laughter is good medicine. Hmm...I'm seeing a theme here...



Many kids dressed up as super heroes. Did you ever notice how a lot of super heroes wear capes and have great physiques? I guess when you're out there saving the world, being fit is a good thing. I often wondered how Clark Kent went undetected as Superman. After all, his alter ego didn't even wear a mask. Clark Kent was merely a mild-mannered man doing his job of reporting the Metropolis happenings in the *Daily Planet* newspaper.

Yesterday I attended the 11th Annual Mad Hatter's Tea Party fundraiser. It is a venue for education about breast cancer and a place to show support for women who have it or who are survivors. Women came dressed with hats of many shapes, sizes and colors.

Breast cancer can be scary; any cancer can be. As the keynote speaker, Jane Hall-Lavelle told her personal account of diagnosis, treatment and recovery she mixed in some humor. Jane's favorite saying is: when life gives you lemons, make lemonade. The lemons Jane was given, she has turned into lemonade – and not only for herself. In sharing her story, Jane shares her lemonade with others.

Reflecting on super heroes, Soroptimist women come to mind. (Did you notice that Superhero and Soroptimist both start with the letter S. No mere coincidence.) We are heroes of the super kind when we work to improve the lives of women and girls locally and throughout the world. We help women take lemons and turn them into lemonade. By taking action, we stand for the Best for Women.



The trick is to treat ourselves and others with respect and compassion. With this prescription we see thru any mask and connect at the heart level. Have a SPOOK-tacular month. Imagine the Possibilities!

With Gratitude and Love,
Kathy Purcell, Editor

“At the height of laughter, the universe is flung into a kaleidoscope of new possibilities.” ~*Jean Houston*

CALENDAR

OCTOBER

- 10 BOARD MEETING
- 10 Mad Hatter Tea
- 14 Business Meeting
- 16 R.O.P.E.S.
- 24-26 District Meeting
- 28 Program
Father Henry Mulindwa

NOVEMBER

- 7 BOARD MEETING
- 11 Business Meeting
- 25 Program - Sierra Leone

* EVENING MEETING



“Mirth is God's medicine.
Everybody ought to bathe in it.”
~*Henry Ward Beecher*



“Even if there is nothing to
laugh about, laugh on credit.”
~*Author Unknown*

LOVE
&
Laughter

Celebrate Life!

BIRTHDAYS



OCTOBER

- 15 Judy Ogilvie
- 20 Jeanie Blaurock
- 27 Cathy Angel

NOVEMBER

- 2 Mayme Faulk
- 6 Kathleen DeJong
- 7 Terry Coe
- 16 Gail Bush
- 26 Heidi Hansen
- 28 Marilyn Hooser



Note the phone number for our
MEDICAL LOAN CLOSET

504-0231



MEDICAL LOAN CLOSET (MLC) REPORT

Chairmen of the Medical Loan Closet hosted a dessert “thank you” and informational meeting at Louella’s home on September 4th. Those committee members who were unable to attend met following the club meeting on the 23rd.

Of special interest were a series of photos which Colleen Blazier had taken of some of our more unusual pieces of equipment. Those items were explained and questions about their use were answered.

The MLC has made good use of the Marie Angier Memorial Fund. We have purchased some special and needed equipment – 2 transport chairs, 2 knee scooters, 2 EZ Lift cushions and 3 shower seats. We again thank Tom Angier for his generosity in remembering SI Sequim and the MLC in this way.

Sally Sue Barry,
Co-Chair MLC Committee



SOROPTIMIST DATES TO REMEMBER

2008 District Meeting
Olympia, WA
October 24 – 26, 2008

2009 Regional Conference
Missoula, MT
April 23 – 26, 2009

MEMBERS IN THE NEWS

Mayme



Mayme Faulk
the early years



and Mayme today
(second from the right)



Members of the United Way Sequim Campaign Cabinet gathered as United Way of Clallam County began its annual fundraising campaign. Our own Patrice Varela-Daylo is in the front row.

EDUCATIONAL SUPPORT NEWS

Last program meeting we had as guest speaker Calloway Tyree, our 2008 Women's Opportunity Award winner. She was accompanied by her 7 yr old son, Josie James. She shared how she used the award to finance the school for Commercial Driver's License, starting in Forks with Peninsula College program and traveling to eastern Washington for a few weeks to complete the course. She told how difficult it was to find a driving job, but pursued until she was hired by Lakeside – all good experience, but seasonal work. She was most appreciative of the financial help our club gave. She has plans to continue with the welding program at the college. In the meantime, her goal is to find driving work that will pay the rent.



The **Violet Richardson Award** applications are being distributed. Anne Keane has agreed to head this project. Deadline for applications to be submitted is **December 1**. If you know of a girl between ages 14 – 17 doing volunteer work/activity, see Anne for an application.



Women's Opportunity Award applications are now available at Peninsula College, and will soon be available in Sequim. This is a \$1,000 cash award to a woman who has financial responsibility for dependents.



Betty Osborn, Educational Support Chair



WIN Liaison Meeting:

On Wednesday September 17, a group of high school liaisons and Soroptimist members gathered together for a delicious Jean's Deli lunch to meet about Women in Networking (WIN). Kyla Hall,

Teyloure Ring, Chase O'Neil, Margaret Norlund, Alyssa Stratton, Mitzi Sanders, Missy Church Smith, and Alana Schmicker were present.

For an hour, they brainstormed and discussed several ideas for the upcoming school year. Many of the high school girls were excited about visiting colleges as well as more field trips to explore careers. Some other suggestions included a trip to Microsoft or the Museum of Flight. The girls also wanted more luncheons with speakers from a variety of careers. This way, many girls could get an idea of the career and not miss a whole day of class.

Alana is working on getting women from the Seattle Storm basketball team to come talk for a WIN Lunch. However, the first activity agreed for WIN is an informational "Ice Cream Social" to spread the word about the program and obtain more members. This is scheduled for October 15 at 2:45pm. in the Sequim High School Career Center. All high school girls are invited to come to this short and "sweet" meeting. Overall, the WIN Liaison meeting was a success and everyone left with their tummies full and great ideas for the year.

Kyla Hall
WIN Reporter



Contact ALANA or MISSY (WIN Co-chairs) if:

- ...you are interested in joining the WIN girls for the ROPES course - whether you will observe or participate on October 16.
- ...you would like to host a group of WIN students to discuss your career, let Missy or Alana know.

Remember to check out the WIN web site (winprogram.org) for up-to-date news and information.

PROGRAM MEETING - October 28, 2008

Don't miss this one! **Father Henry Mulindwa**, Pastor of St. Joseph's Roman Catholic Church, will be our featured speak on **Tuesday, October 28, 2008**. Those who have heard him speak know what a treat this will be!



Father Henry was born into a family of 10 children in Kampala, Uganda, located in east Africa. Education is not readily available to children in Uganda - public schools are overcrowded (as many as 200 students in a classroom with 1 teacher) and many do not have electricity or running water. **Father Henry**, however, was able to make his dream of a quality education come true through the generosity of an uncle; he attended a private boarding school where he learned to speak English, read & write. As an adult, he traveled to Pennsylvania in 2005 for post-secondary education...then to Washington State for an internship...and finally to Sequim in January 2007!

Though he is thousands of miles from his home, he has not forgotten the family and friends he left behind. Nor has he forgotten the devastating conditions in Uganda, where the average annual income is \$350.00 a year, and approximately 7% of the population is infected with AIDS. Without assistance, it is impossible to break the vicious cycle of poverty; girls have babies and boys end up on the streets. Many Sequim citizens (parishioners & non-parishioners) have taken up the causes of the Ugandan people (Ugandan School Fund, Catechism translated into the local language, electricity brought to the school, funding for wells, etc.); fund raisers are ongoing.

Father Henry is charismatic and inspiring, and will have your full attention & enthusiasm as soon as he begins to speak. We've asked him to cover some of the following topics:

- History of the Ugandan people
- Uganda as it is today
- Family/social structure
- Education
- Main source of income.
- Government
- How WE can help the women and children of Uganda
- The best way to get aid/money to the people

GALA GARDEN SHOW UPDATE

"The Garden Show Core Committee met on September 15th to kick-off the planning for our 11th annual 2009 Gala Garden Show. The first order of business was to reveal the artwork for next year's show. And we are very happy to announce that we will be featuring our very own Marilyn Hooser and her beautiful Hollyhocks.



We are excited about promoting our expanded focus of low impact and economical gardening /landscaping and using the garden as a food source, having local artists turn Adirondack chairs into works of art for our raffle, and just getting the ball rolling. We understand this may be a financially challenging year and we are looking for creative ways to generate interest and attendance. We hope to have an interesting slate of speakers for our seminars, and some "grow your own food" relevant classes and demonstrations. We are always interested in hearing from our members who have suggestions or ideas. You can email either Jane or Jan with your thoughts."

Jane Mazer/Jan Chapman
Garden Show Co-Chairs



BOWLING SOCIAL

Strikes, spares, gutters and more. Those of you unable to attend the Bowling Social missed a great evening of fun, food and friends. Team members rotated throughout the night so we were able to do lots of visiting. I am not sure how many lost fingernails went down the lanes but it sounded like several or was that a ploy to distract us from where the ball was going? We had a few members who chose not to bowl but they were great cheerleaders and score keepers. Goodies abounded thanks to Jan, Nina and Rose so we were not without nourishment. It was hard work making that ball hit those sticky pins. A good time was had by all! Rose Jaeger, Programs Chair



Pam helping (?) Nina!



Guess who's behind the ball...



Rabbit ears?



Pinning things down.



Guess whose shoes these are!



MEET OUR NEWEST MEMBERS

ALSTRUP, Andrea

In August '05 we moved to Sequim (Blyn). We had visited friends in '98 and decided to retire here. We lived in NJ my entire life.



I have a son (37) Todd, daughter-in-law Naomi, and granddaughter Ayla (born 4/08) live in Sequim; Daughter (33) Megan lives in Seattle. She is single, but has a serious relationship with Michael (we think he is THE one!) . My husband of 38 years, and my high school sweetheart, passed away Feb. '06. No pets – I'm a travelin' gal

I had a 37 year career with Johnson & Johnson. Began in Steno Pool (hired from high school) and retired as Corporate Vice President, Advertising; reporting to CEO. I took a 5 yr. "leave" when children were born. I attended Rutger's U. but no college degree (yet...).

During the course of my career, I was involved with National Safe Kids, Campaign for Nursing's Future, The Caregiver Initiative and served as Chair, The Advertising Council; board member of Association of National Advertisers, and American Advertising Federation, and founder of The Family Friendly Programming Forum.

I am passionate about trying to live by the Golden Rule – do unto others as you would have them do unto you.

THOMPSON, Barbara (Chuck)

Volunteerism has always been an important element in my family. We've been active in church, community, theater and choir, fisheries politics, schools, gardens.



We've been here since September, 2007, having moved from Kodiak, AK, for better weather and family concerns. My family consists of husband, Charles and three daughters; Christina – age 17, a junior at Sequim High School is the only one left at home. We have two Alaska Huskies and two cats.

My work history includes commercial fishing, fisheries expediting, 18 years at nursery Garden Center, classroom aide and reading specialist. And raising my kids! This was often by myself, as Chuck's commercial fishing career (he's now semi-retired) kept him off at sea a great deal, sometimes for months at a time.

I am a master gardener in Alaska, so even though I have a lot to learn about balmy Northwest gardening (and I'm working hard on learning) I have an amount of expertise there. I also have a passion for working with children.

"We cannot live only for ourselves. A thousand fibers connect us with our fellow men." ~Herman Melville



Mujeres de Maiz Opportunity Foundation



Third Annual Día de Los Muertos Celebration

Saturday, November 1

Including Dinner and program about Chiapas, Mexico and Silent and Live Auction
Featuring the best and biggest selection yet of weavings, handicrafts, clothing, ornaments and jewelry from Chiapas....perfect for holiday gift giving

Doors open at 5:30 pm for dinner and silent auction

Suggested donation \$15. No one will be turned away for lack of funds

Sequim Prairie Grange, 290 Macleay Road

A "MEET THE MEMBERS TALK" - Kathleen DeJong



I was born and raised in Kirkland, Washington which is just across Lake Washington from Seattle. I lived there with my parents and 3 brothers. My mother was a teacher until she had children and my father was a grocer, at one point having 15 stores in the Seattle area.

I graduated from Washington State University with a degree in History and went on to work various jobs including Secretary to the VP of the Bon Marche', office manager for a geotechnical engineering firm, office manager for a gourmet cookware representative and of course lots of hours working in the family grocery business. I eventually returned to school and obtained a computer programming degree. I went on to work for the Information Services division of Darigold, Inc., a local dairy cooperative. Eventually I became their

Telecommunications Manager. I managed and programmed phone systems for their locations in Washington, Idaho, Oregon and California before retiring in January of 2000.

I married my husband Ray in June of 1999 and we moved to Sequim in November of 2000. We became familiar with Sequim through my younger brother who had a condo on the Sunland golf course. I was anxious to get out of the city and the growing traffic congestion. We went from living in a condo to a 15 acre farm on Lost Mountain with our two Golden Retrievers, Jenny and Gracie, two barn cats, Thelma and Louise, Dudley the horse, and 5 beef cows. Ray also decided we should grow lots and lots of fruits and vegetables. Most of this has been scaled back. Life is good.

In my spare time, which seems to be full at the moment, I enjoy, golf, bowling, working on the farm, playing with the animals, and a little travel. Before having both knees replaced I loved horses and horseback riding. I think I am a farm girl at heart.

MAD HATTER'S TEA PARTY

Fighting for the Cure - taking off the gloves, putting on the Hats....

The Mad Hatter's Tea Party was started 11 years ago by a small group of local women, to increase awareness and support for women with breast cancer. Money raised for the Mad Hatter's Fund is available for uninsured or underinsured women to pay for their annual Mammograms through Family Planning of Clallam County. In addition, money from the tea party will help fund the Women's Cancer Support Group at the Olympic Medical Cancer Center in Sequim.

In 2007 Soroptimist of Sequim members filled one table at the party. This year our club had two tables of members, including a breast cancer survivor. Our club once again gave a \$100 donation to the cause. How many more members will attend next year? Imagine the Possibilities! You can learn more about breast cancer at: <http://cms.komen.org/komen/index.htm>. ~kp



A Winning Mad Hatter Hat!
(made and worn by Dale Simon)

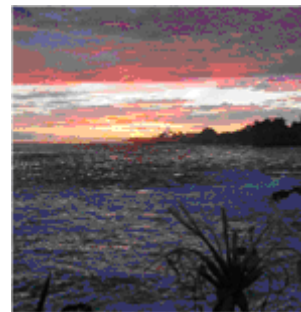
President Kathleen depositing the \$100 check in the Wishing Well.



HITTING THE ROAD

Kauai - Final Vacation? by: Anne Keane

As we boarded the plane for Kauai, I wondered if our middle-school girls (Ms. J and Ms. L) were getting too old to enjoy vacations with Curt and me. Ms. J, age thirteen, was already complaining about a WHOLE week with no computer and no television.



As we stayed in the Poipu area on the south end of the island a few years ago, I decided to try the North Shore for this trip. I chose the Hanalei Colony Resort because it is the only North Shore resort located directly on the beach. Also the resort is more isolated as it is located west of Hanalei and you have to pass over several one-way bridges to reach the resort entrance. The resort is near the end of the road and the start of the Na Pali Coast trail.

The resort was almost perfect with the trade winds to keep us cool, a beautiful walking beach just off our lanai, a small kitchen, two bedroom areas, and (even better) two bathrooms. I was hoping that we could snorkel close to our resort but the water was too wild and the sinking sand too soft to walk the mile to calmer waters.

We did drive the five minutes to the wonderful beaches of Kee and Tunnels for Curt's favorite activity of snorkeling. Instead of having seagulls, the beaches have brightly colored feral chickens (descendents of chickens who escaped when the last hurricane hit Kauai).



The girls' favorite activity was boogie boarding with Curt at Kealia Beach, north of Kappa. I actually saw Ms. J smile many times as she rode the waves.

My favorite activity was walking down the beach to a beautiful bay where I could see the dark green Na Pali cliffs. One day I watched sailboarders bouncing on the waves. On another day I saw a Monk seal looking for a safe place to rest and sand crabs scurrying out of their holes when a leaf washed up on the beach.

On our last evening in Kauai we had our favorite meal at the Hula Girl in the Coconut Marketplace in Kappa. During our dinner a woman played the ukulele while a young girl danced the hula.

Was this our final vacation with our girls? No! Ms. J said that the trip was "okay", which is high praise from her and Ms. L still thinks Kauai is the best place she has ever visited.



QUADRENNIAL PROJECT - Project Sierra Update



MAKENI

There are currently 40 families enrolled on the programme, comprising 60 adults and 127 children. During this quarter HANCI-SL staff in Makeni visited all beneficiary families and other activities included:

Provision of building materials

A number of families on the project were still living in very poor accommodation. Two properties were completely renovated during this period with new roofs, windows and doors installed.

Land acquisition

Two families, who were living in a former displaced persons camp in the Fullah Town community, were given notice to leave their properties as the land had been sold to a developer. Both families were extremely concerned that they would end up living on the streets. HANCI-SL staff intervened and have acquired a piece of land for both families.

Ownership of the land is currently being transferred to them and official documents are being drawn up to protect the land use for them in the future.

Education

The majority of children on the programme have taken their promotional examinations. During school visits HANCI-SL staff discovered that several child beneficiaries had not been attending school. F was not attending school as her grandmother sent her out to sell agricultural produce at the market. Social workers discussed the situation with F's grandmother. They explained why F needed to go to school and helped to find an alternative way for the grandmother to sell her produce.

M is one of ten teenage mothers on Makeni's Integrated Child and Family Support project. Staff discovered that she has not been attending school as her caregiver was making her do domestic work instead. Due to this situation and other problems with her caregiver M left home and moved into a friend's house with her child. Staff have visited M's new home and have discovered that she is settled and happy. M is also now back at school and her teacher has reported that she is catching up with her classmates. In a further development with the support of a social worker, M has now been reconciled with her parents who she fell out with when she first became pregnant.

Small business support

Twenty-one families received seeds and seedlings in May. HANCI-SL farm attendants have reported that all seedlings have been successfully planted and they have begun to sprout well. They feel positive that each family will have a good harvest. Unfortunately, progress with other small business ventures have not been so positive. The rising cost of food has greatly affected the small catering businesses. Moreover, all the families receiving business support reported that these increases have swallowed all of the profits they are making and there is none left over to reinvest.

Clothing support







All children and young people on the programme received second hand shoes and clothing.

Our federation has now donated US\$124,000 to Project Sierra!

October 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breast Cancer Awareness Month			1	2	3	4
5	6	7	8	9	10 BOARD MEETING Mad Hatter Tea 	11
12	13	14 Business Meeting GOM (Oct & Nov)	15 Judy Ogilvie 	16 WIN sponsored ROPES Challenge Course 	17	18
19	20 Jeanie Blaurock 	21	22	23	24 District 1 Meeting	25 District 1 Meeting
26 District 1 Meeting	27 Cathy Angel 	28 Program Meeting - Father Henry Mujlindwa	29	30	31	

November 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Violence Against Women Awareness						1
2 Mayme Faulk 	3	4	5	6 Kathleen DeJong 	7 Terry Coe BOARD MEETING 	8
9	10	11 Business Meting	12	13	14	15
16 Gail Bush 	17	18	19	20	21	22
23	24	25 Program Meeting Sierra Leone	26 Heidi Hansen 	27	28 Marilyn Hooser 	29
30						

Let get laughter way out of yourself by: Mencita Monoi Angel

Let laughter way out of yourself.
Make the happy sound awake
Laughter magic and enchanting
Don't sustain it in your soul.
Let yourself go into joy.
May it help forever
People from wherever
Getting circled together.
Laughter can be a kind of help
A worthy enemy to distress.
Rise this laughter so dear
To be heard by human ears.
Make it go on around the world
Little chuckles happy giggles
So many ways of laughing.

Don't fear the others comment
Let laughter way out of yourself
Be assured laughter is magic
Open your heart to this very
Very special kind of sound.
Let get laughter way out of yourself
Make the happy sound awake.



Soroptimist International of Sequim
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SOROPTIMIST

Best for Women

*improving the lives of women and
girls in local communities and
throughout the world.*

To A Woman Making A Difference For Women