



# Soropti-SCOOP

A Communique by  
women dedicated to improve the lives of women and girls  
in local communities and throughout the world.

SOROPTIMIST

Best for Women

Vol. 12, Issue 7

Soroptimist International of Sequim

January 2009

## Officers 2008 - 2009

### President:

Kathleen DeJong

### President-Elect:

Rose Jaeger

### Secretary:

Nina Jones

### Treasurer:

Kathy Purcell

### Assistant Treasurer:

Betsy Johnson

### Directors: 2 year (one year remaining)

Willadee Tallman

### Directors: 2 year

Missy Church-Smith

### Directors: 1 year

Louella Hanson

### Directors: 1 year

Peg Rinker

### Past President:

Kathy Purcell

### Newsletter Staff

Kathy Purcell  
Sally Sue Barry  
Colleen Blazier  
Nina Jones



**“If you have  
zest and enthusiasm,  
you attract  
zest and enthusiasm.**

**Life does  
give back in kind.”**

**~ Norman Vincent Peale**

## MESSAGE FROM THE PRESIDENT

Dear Soroptimists,

Once again I am racking my brain to think of what to write for this month’s newsletter. I don’t consider this one of my strengths, but I have found it a good exercise. So far I have started this article three times, so hopefully this time I will be successful.

I know there are probably as many reasons why we joined Soroptimist as there are members in our club, but this is mine. We moved to a small farm in Sequim from the city, in November of 2000. After overcoming some health issues we settled in to working our little farm and raising our animals. I loved it and even though I wasn’t interacting with my fellow man or woman I was very happy. I eventually came to realize that it would be good for me to start making some female friends. I had several very close friends that I left behind in the Seattle area and I missed them. As with many of us, I have been very blessed in my life and I also wanted to find a way to give back.

I really didn’t know much about Soroptimist but I had met Cathy Angel in a Sustainable Farming class and I would see her picture in the paper all the time doing things with Soroptimist. Because of that, I decided to check out the club. My main goal was meeting and getting to know women in the area. Well, I have come to learn that I got much more than I had bargained for.

I learned that the focus of Soroptimist is to “help women and girls, throughout the world, to live their dreams by giving them the resources to create positive change – for themselves, their families, their communities and the world”. Women helping women very much appealed to me. Soroptimist International continues to educate me about the plight of women around the world.

I recently heard the author of Three Cups of Tea, Greg Mortenson, talk about his project to build a school in a remote village in Pakistan. It was his way to repay the people for their kindness in taking care of him after a failed attempt to climb K2 in 1993. He said he came to realize his school could be a building block for peace if he could bring girls into the classroom. When the educated girls grow up to be mothers, they are less likely to want their children to go to war. The Taliban were mainly targeting illiterate, impoverished society to get recruits because educated women were refusing to let their sons join the Taliban. Listening to this I felt a sense of pride at being a Soroptimist because this is exactly what we do. We work to build hope one brick at a time both at home and around the world.

Speaking of building hope one brick at a time, I want to thank all of you who contributed money to help the women of Uganda. I was able to meet with Fr. Henry Mulindwa last week to give him our checks which totaled \$1,345.00. He was thrilled and amazed, as was I. We had no money in our budget for this, but we came through anyway. Father Henry left for Uganda on January 6 and will return in two weeks. A woman traveling with him said she would be sure to take pictures and may eventually come and talk to us about her perception of the country and the people.

We should all be proud of the Soroptimist organization and what it stands for. Imagine the Possibilities!

Happy New Year

Kathleen DeJong, President  
SI Sequim

## Letter from the Editor

Dear Friends,

Have you ever had someone tell you to pay attention? Maybe it was a teacher, a parent, or even a co-worker. What does it mean to pay attention? What kind of currency is 'attention' anyway? And what can it buy for us?

On New Year's Eve, a little before 10 pm Pacific Time, I called my sister-in-law Wanda in Illinois. During the conversation she suddenly stopped and said, "What was that? Oh, it must be midnight. I think that was firecrackers." She hadn't been paying attention to the time – but I had. In fact, I purposefully called her so we'd be on the phone when the New Year began for her. At the stroke of midnight, Central Time, we were able to stroke our friendship with caring words and laughter.

While on the phone I got a chance to talk with my grand-nephew Lucas. He is two and a half, but going on twenty. Wanda was babysitting and put the call on speaker phone. Lucas kept looking at the phone – paying attention to it – expecting to see me. Wanda said he has video chatted with his uncles and also has talked on her cell phone which has a picture of the caller. Ah, technology!



An hour and a half later I sat waiting for the New Year to begin in the Pacific Northwest. My eyelids were heavy, but somehow I managed to stay awake to see King 5's fanfare at the Seattle Space Needle. The fireworks were choreographed with the music. It was an awesome dance that showed someone paid attention to detail.

Shortly after midnight John Curly was interviewing two young men, who back in 1991 came up with a novel idea – no, not a new book, but something new worth writing home about. They made 1991 eyeglass frames where the 9 had a place for your eyes. Every year since, they have made and sold the current year glasses. However, this will be the last year, because 2010 doesn't put 1 in the right position.



I hadn't paid attention to the names of the two young men, but the number 1991 stuck with me. It reminds me of a mirrored image. These guys may not have been able to 'see' into the future back then, but their insight brought them abundance, both financially and socially. It's a-parent to me that these co-workers have been our teacher.

For any One of us to be in the right position in 2010, we can choose this year to pay attention to what is happening around us. We can put on the glasses of compassion, and frame our world with caring. Working together as Soroptimists, we can cash in on the best we can be, as we improve the lives of women and girls. Just Imagine the Possibilities!

Light and Love,  
Kathy Purcell, Editor

---

**"The whole idea of compassion is based on a keen awareness of the interdependence of all these living beings, which are all part of one another, and all involved in one another." ~ Thomas Merton**

---

## CALENDAR

### JANUARY

- 9 BOARD MEETNG
- 13 Business Meeting
- 27 Program Meeting  
Marie O'Neill.

### FEBRUARY

- 6 BOARD MEETNG
- 10 Business Meeting
- 24 Program Meeting  
Judith Pasco

\* EVENING MEETING



**"I came upon a doctor who appeared in quite poor health. I said, 'There's nothing that I can do for you that you can't do for yourself.' He said, 'Oh yes you can. Just hold my hand. I think that that would help.' So I sat with him a while then I asked him how he felt. He said, 'I think I'm cured.'" ~ *Conor Oberst***



# Celebrate Life!

## BIRTHDAYS



### JANUARY, 2009

- 6 Rose Jaeger
- 10 Kate Creasey
- 11 Jane Elyea
- 15 Alana Schmicker
- 21 Dovie Carson
- 27 Andrea Alstrup

### FEBRUARY

- 8 Deborah Groesbeck
- 11 Missy Church-Smith
- 22 Jan Chapman



Note the phone number for our  
MEDICAL LOAN CLOSET

# 504-0231



**MEDICAL LOAN CLOSET**  
 Soroptimist International of Sequim  
**504-0231**  
(This is a loan closet)  
 600 N Sequim Avenue  
 Hours from the Sequim High School Auditorium  
 (By appointment only)



## SPEAKing of PROGRAM Meetings

Speakers: Mark your calendars now for some great speakers in the next two months. In January we will hear from **Marie O'Neill**. She is a Lotus Life Coach who specializes in life renewal for widows and divorcees. I am willing to bet that some of the information will be beneficial to all of us as we evaluate our lives, where we want to be, and where we are going, or jut how to be happier. A great topic to start out 2009.

In February, we will hear from **Judith Pasco**; she is the director of the Chiapis organization that helps women in Mexico. It is always interesting to see what a little bit of help can accomplish in poorer communities and how it transforms the lives of those it touches.

## SOROPTIMIST DATES TO REMEMBER

### 2009 Regional Conference

Missoula, MT  
 April 23 – 26, 2009



### 2009 Area Meeting

Bremerton WA  
 April 4, 2009

**NEW!**



### The Garden Show Sign of the Times

We have a great new way to get the word out about our Gala Garden Show – Magnetic Car Signs! If you are interested in sporting one of these on your vehicle, please let Kate Creasey know.

The **CORE COMMITTEE** will be meeting on **Tuesday, January 13<sup>th</sup>** after the Business Meeting. We hope all the sub-committee heads will be able to stay for this important organizational meeting.

Jan Chapman & Jane Manzer  
 Garden Show Co-Chairs



Garden Show Car Magnet



We will be getting an order together for Flower Power T-Shirts later this month – watch your email for further info.

## EDUCATIONAL SUPPORT



### Girls Of The Month

President Kathleen with Girls of the Month  
**Sunma Agostine** – December, 2008  
**Caihley Baker** – January, 2009

## Committing Funds To A Community Project

New Family Services and the local La Leche League are working to try to replace the formula bags currently given to new parents at the hospital. They are working to replace them with bags containing information about breastfeeding and local resources.

We received an invitation to help with this special community project and sent a donation of \$100 to support it. You can learn more about the La Leche League by visiting their website: <http://www.llusa.org/web/WestSoundWA.html>

### Resolution

One of my New Year's resolutions is to really listen when someone is talking to me and to continue to listen until they are done, without picking up some other task to do at the same time. In other words, to provide undivided attention to the speaker. Rose

## PROGRAMS

### SIERRA LEONE:

Since it is the end of the year and a time for assessments, I thought it would be a good idea to let the club know where we stand in the Sierra Leone Quadrennial Project. We have raised money in several different ways so far.

Happy Sierra Dollars: \$251.60  
Scarves and Journals: \$380.00  
Count Your Blessings: \$325.00

This gives us a total of **\$956.60**. I believe our commitment is \$2000 over the four years, and this is our second year, so we are right on pace. Thanks to everyone who has donated in one form or another. Special thanks go to Kate Creasey and Dale Simon for donating funds from things they have made with such care. We will have more stories of how our money helps, in upcoming newsletters. Thanks, Rose



### Journals / Scarves

Kate Creasey is making journals again! Proceeds from the sale will go to Project Sierra! The journals are **\$15** each.



Dale Simon's handmade scarves are for sale again also. The scarves are available for purchase at Sequim Village Glass, cost **\$20** each.



### HUMAN TRAFFICKING:

We are very excited to have the high school students preparing to put on a skit for us regarding Human Trafficking. The skit is titled "*Body and Soul*", and is well worth seeing. It really brings home what this project is all about. The high school will be presenting this to us at our program meeting in February. We hope the students will also be willing to do it for other students, groups, etc. after trying it out on us.



## RINGING AND SINGING

Thank you so much to all those who braved the frosty weather with such high spirits to ring in the holidays in our community. It was great fun working with such a cooperative and positive group of women. Our bell ringing at Safeway produced **\$438.77** for the good works of the Salvation Army...Be proud.

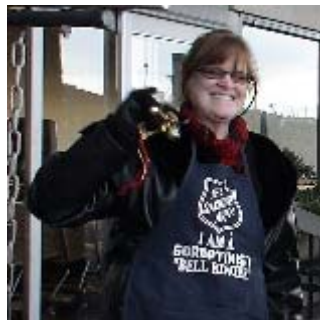
Peace on earth and good wishes to all.  
Amanda Beitzel



*"Come out of the circle of time and into the circle of love." ~ Rumi*



"The Three Reds" - ready for the recording studio?



*"I am of the opinion that my life belongs to the community, and as long as I live, it is my privilege to do for it whatever I can." ~ George Bernard Shaw*



Fa la la la la

## I Believe In Santa

I was so totally overwhelmed by your generosity this Christmas and I can't thank you enough for making Christmas happen for the North Olympic Foster Children. You found some wonderful gifts that certainly brought joy to their foster parents as well. I can just picture those smiling faces as they opened the gifts.

Mother Nature and Jack Frost certainly presented us with a few challenges but with all the help from Santa's elves, Christmas was a magical time. This is the first white Christmas I've seen in my thirteen years in Sequim. It was a beautiful sight and did you notice how quiet it was? I was looking at the Christmas lights on my retaining wall when I actually heard the deer walking in the snow.

Please accept my heartfelt appreciation for your thoughtfulness and sharing the spirit of Christmas. It truly is more blessed to give than receive.

Colleen Blazier  
Kids Kloset Liaison

“Children make  
you want  
to start life over.”  
~*Muhammad Ali*



## A CHRISTMAS GATHERING



## HITTING THE ROAD

### Thanksgiving in Germany & Belgium

By: Deborah Groesbeck

We flew to Frankfurt to visit our daughter, Alison, who is a 2<sup>nd</sup> Lt. USAF stationed at Ramstein Air Base and lives in Kaiserslautern. Her 5<sup>th</sup> floor downtown apartment in a converted office building is close by the “walkplatz”. Dining, shopping, and the Christkindl market were within walking distance. Our favorite restaurant served Himalayan cuisine. Gifts, hot food, beer and gluhwein (“gloo-vine”), a hot mulled red wine in colorful mugs, are sold at Christkindl markets. People stand in the cold for hours at colorful “huts” socializing and drinking.



One evening we joined several German friends at “Stammtisch”, which is normally a table in a Gasthaus that is reserved for a group of people who frequently meet there for discussions. With plenty of beer, food, and bar games, we felt most welcome and honored to have shared this uniquely German tradition.

Travels included Heidelberg, Trier (oldest city in Germany and a former capital in the Roman Empire), and Luxembourg American Cemetery and Memorial. Most graves are of those who fell in the Battle of the Bulge. General George S. Patton is buried there. It is one of 24 permanent American burial grounds on foreign soil.



Bruges, in northern Belgium, is a charming city with canals and endless streets of picturesque buildings, shops, restaurants, and bars. We’ve never seen so many unique chocolate shops, and Belgian chocolates are legendary. In Our Lady’s Church (built 13 c.–15 c.) we saw the marble statue “Madonna and Child” by Michelangelo (1501-1504), the only one of his works to leave Italy during his lifetime.

The **Cologne Cathedral** (*Kölner Dom*), one of the largest churches in the world, was saved by Allied bombers during WWII. Perhaps the finest example of high Gothic architecture, it’s a World Heritage Site. The Christkindl market at “The Dom” circled half-way around the church. Walking around Cologne, we encountered two more Christkindl markets – definitely the thing to do in Germany in December. The smells and sights are amazing – like an adult Disneyland.



Our daytime flight from Heathrow to Seattle flew so far north over Greenland and Canada that we were in the dark most of the time. Daylight was a ribbon of light along the southern horizon.

## HITTING THE ROAD

### A Vacation Trip to an Ancient World

By Jeanne Martin

In October my husband Corby and I traveled to Greece to enjoy the ancient wonders of the world. We were traveling with a tour group, but wanted to have a few days on our own, so we flew to Athens and spent our first two days enjoying the amazing collection at the National Archaeological Museum and the Acropolis and Parthenon. The Museum was filled with a wonderful collection of pottery and statues dating back to 2500 BC. My favorite piece was a wooden statue of a woman grinding maize. It was so very alive and personal. The next morning we were at the Acropolis when it opened. (We learned that the word Acropolis means “rocky hill” and there are many “Acropolis” in Greece.) As we walked up the Acropolis to the Parthenon we enjoyed the unfolding views of wonders we had only seen in picture books before. We learned that the Parthenon was built to honor the Greek Goddess Athena and that the Parthenon originally contained an enormous statue in her honor. Athens, of course, is named for the goddess Athena.



The official tour began with a bus ride to our cruise ship docked at the Piraeus Pier. This was a small boat with about 350 people on board and it took us to seven of the islands during the next week. Our first stop was in Kos, a small village that was warm and welcoming to the many visitors. Most Greeks speak some English and many were fluent. The next day's stop was in Bodrum, Turkey and the highlight there was a visit to a castle that had been built over many centuries by five different countries, each of whom had added their own wing. The castle housed the National Underwater Archeological Museum and we were invited to meet the Director of the Museum thanks to Corby's past diving experience!



The next day in Kalymnos (my favorite island) at the sponge diver's museum we enjoyed wonderful photographs of the generations of families who were sponge divers and we purchased our own local sponges. Paros was the next stop where we enjoyed a local bus ride around the island and saw beautiful beaches. Mykonos was our next stop where we only stayed long enough to get on a small boat to the island of Delos. Delos is a site of many ancient ruins, a wonderful museum and the amazing Naxion Lions statues. From ancient times, no one was allowed to be born or to die on Delos because it was considered sacred. We enjoyed the self-guided tour with some fellow travelers and spent a wonderful day there. The next day we were on Syros, in the Capital city of Ermoupolis (named after the god Hermes).



After visiting a museum of industry and walking around a very busy city, we enjoyed a relaxing bus tour of the island. Corby managed to help an elderly Greek lady avoid being run over by our bus. Later she showed us her bandaged knees and thanked him for the assistance. I could only imagine that her children had admonished their mother to not go to town!

Our ship delivered us back to Athens where we met our tour guide Antonis and began the next phase of our adventure on a tour bus. Our guide was fluent in four languages and was very experienced in describing the mythology, the religion, and the current status of the Country we were visiting. He was wonderful and his knowledge greatly enhanced the places we visited in the next four days.



*~continued on page 9*

## an Ancient World

~continued from page 8

Our departure from Athens took us across the historic Corinth Canal that was originally attempted by the Roman emperors but finally completed by the French in the late 1800's. It's an amazing Canal—4 miles long and 90 feet wide that allows ships to travel 200 miles less! We visited the outdoor amphitheatre at Epidaurus with its incredible acoustics allowing the 14,000 members of the audience to hear the actors' spoken words without any amplification. We tried it and were amazed to hear that it still works marvelously well today!

Our next stop was in Olympia (home of the Greek god Zeus), where the Olympic Games originated. The original track and visitor seating is open to the public today, along with the arched entryway for the athletes. We enjoyed walking the track (no running for me) and photographing ruins of the buildings where the athletes stayed, and a wonderful museum with amazing statues.

Then we were in Delphi (home of the Greek god Apollo) at the spectacular location on Mount Parnassus. There was another incredible museum to visit with even more amazing statues and another beautiful amphitheatre. We enjoyed the many olive trees in this area as well.

Our last stop was the most spectacular in Kalambaka. Here we visited the monasteries at Meteora that, as the word implies, are high at the top of sheer rocks. Our guide took us to two Greek Orthodox churches here (small fact: 97% of Greek citizens are Greek Orthodox) and told us about the icons and images. When the monasteries were under construction, all materials and people were brought up the sheer cliffs by a rope winch hauling a basket. You may have seen the late 1980's James Bond film "For Your Eyes Only" that has its closing scenes in the monastery and a demonstration of the basket lift. Then our bus delivered us back to our hotel in Athens via a ride across the world's longest and one of the newest suspension bridges.

I highly recommend a trip to Greece if you enjoy friendly people, good food, and lots of time in museums. Our last day was spent walking through an Open Air Market near our hotel in beautiful downtown Athens much like we have in Sequim with all the local fresh fruit and vegetables beautifully arrayed for the shopper. Getting around Athens was easy either by foot (watch out for the thousands of motorcycles) or by Metro which goes everywhere, is easy to navigate and is very inexpensive. We had a great time!



**Check it out!** Feature on the SIA Website...<http://www.soroptimist.org/checkitout/checkitout.html#1>

## Women's Groups Urge Obama to Appoint More Women to Executive Positions

Soroptimist joined several leading women's groups to author a letter entreating U.S. President-elect Barack Obama to increase the number of women appointed to executive positions in the White House. The letter also urges the president-elect to establish an executive Office on Women, which would address women's issues and work to solve the many inequities women around the world face. Other organizations signing on to the letter include: the Feminist Majority, National Organization for Women, YWCA USA, National Congress of Black Women, Global Summit of Women, and Ms. Foundation for Women. Click link above for a complete list of organizations and to read the letter.

---

## Soroptimist Live Your Dream Webisodes Win W3 Award

The Live Your Dream webisode series about Women's Opportunity Awards winner, Sena Kimbrell, recently received the W3 Award, which honors creative excellence on the web. The award is given out by the International Academy of Visual Arts (IAVA), an invitation-only body consisting of top-tier professionals from a "Who's Who" of acclaimed media, interactive, advertising, and marketing firms. IAVA members include executives from organizations such as Conde Nast, Coach, Disney, The Ellen Degeneres Show, Estee Lauder, Fry Hammond Barr, HBO, Monster.com, MTV, Polo Ralph Lauren, Sotheby's Institute of Art, Victoria Secret, Wired, Yahoo! and many others.

---

## Read the Inspirational Stories of Soroptimist's 2008 Award Recipients

Soroptimist recently honored the 2008 finalists of its Women's Opportunity, Making a Difference for Women and Violet Richardson awards. In total, more than \$1.5 million was disbursed through these programs at various levels of the organization.

- **Soroptimist Women's Opportunity Awards** recipients: Mispah Evangelio of Aklan, Philippines; Joyce Snow of Columbia, Maryland; and Colleen Sword of Welland, Ontario.
  - **Soroptimist Making a Difference for Women Award** recipient: Anne Ream of Chicago, Illinois
  - **Soroptimist Violet Richardson Award** recipient: Cindy Berman of Rancho Santa Fe, California
- 

## Enter the Soroptimist Live Your Dream "Songs That Inspire" contest

What song inspires you? You know the one. It pushes you to run that extra mile. Lifts you up when you're feeling down. Reminds you of special times, people and places in your life. Share the song that motivates you to live your dreams. Visit <http://www.liveyourdreamcampaign.org/> and enter to win the Songs That Inspire Contest!



*"A friend knows the song in my heart and sings it to me when my memory fails." ~ Donna Roberts*

Excerpt from *Finding Peace in a Stressful Life*, by Marielena Zuniga. You can read the entire article in the *Best for Women* Magazine or read it on the SIA website: [http://www.soroptimist.org/articles/article\\_caregivers.html](http://www.soroptimist.org/articles/article_caregivers.html)

## Woman: Nurture Thyself

If the oxygen mask drops during an in-flight emergency, people are instructed to place the mask on themselves first, then their child. This advice applies in day-to-day life as well. It's only to the extent that women care for themselves that they can do so for others, says therapist and author Stephanie Marston.

“Women are afraid if they slow down and consider their own needs, they’ll be branded with the scarlet ‘S’ for ‘selfishness,’” she says. “But if we don’t [self-care], we find we’re resentful, depressed, we overeat, overdrink, smoke ... and are stressed, which is very negative for our health.”

Marston recommends that women write down a typical day of activities and where they spend the most time. Then, write a second list of what they consider most important in their lives, be it their children, finances, physical health and well-being, etc.

“Nine times out of 10, where women are spending their time and energy does not match up with what they consider important,” she says. “The good news is, you will have awareness that your life is out of sync and you can take time to make course corrections.”

Some suggestions for self-care and stress relief from the experts include:

- Plan and prioritize. Delegate. Ask for help.
- Establish and maintain a strong support system of family and friends.
- Negotiate responsibilities with your partner, especially if you have children.
- Don’t get caught in the TV trap. Unwind with a book or light exercise.
- Stop the negative self-talk.
- Start a gratitude journal, which shifts energy in a positive way.
- Rediscover or start a spiritual practice, even for five minutes a day. — M.Z.

---

“To be ‘on edge,’ you are literally not centered - not being in your spiritual center.”  
~Carrie Latet

---



## Tending and Befriending

Hazel Caba of San Francisco, California, learned to care for herself after a bout with cancer two years ago. Today, cured of the disease, the mother of three relieves stress with her at-home sachet-making business. She also cares for herself with massages, pedicures, manicures and by simply slowing down and not pushing herself.

“My life before was spinning around. After the cancer, when my life was a lot slower, I was able to appreciate it more. I have a different perspective now.”

Managing stress is unique to each woman. But how women do that may answer the question of why they put others’ needs first. Studies have discovered that when women have had a stressful day at the office, they come home and spend more time with their children, whereas men tend to withdraw from family life. The study’s bottom line: Women have the instinct to “tend.”

When “tending,” women release endorphins—proteins that alleviate pain—and oxytocin, a hormone that causes calm and peaceful feelings. Both oxytocin and endorphins also cause women to “befriend.” By nature, females form close bonds with other women, but especially during times of stress.









Stephanie Marston, therapist and author, adds, “We have health insurance, life and car insurance, but women friends are our emotional insurance. It’s important to surround ourselves with their support.”— M.Z.

---







“Some of the secret joys of living are not found by rushing from point A to point B, but by inventing some imaginary letters along the way.”  
~Douglas Pagels

---

# January 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 New Year's Day 	2	3
4	5	6 Rose Jaeger 	7	8	9 BOARD MEETING	10 Kate Creasey 
11 Jane Elyea  National Day of Human Trafficking Awareness 	12	13 Business Meeting	14	15 Alana Schmicker 	16	17
18	19 Martin Luther King Jr Day 	20	21 Dovie Carson 	22	23	24
25	26	27 Andrea Alstrup Program Meeting – Marie O'Neil 	28	29	30	31

# February 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 American Heart Month 	2	3	4	5	6 BOARD MEETING	7
8 Deborah Groesbeck 	9	10 Business Meeting	11 Missy Church-Smith 	12	13	14 Valentine's Day 
15	16	17	18	19	20	21
22 Jan Chapman 	23	24 Program Meeting Judith Pasco 	25	26	27	28

# PERSPECTIVES

Some people can stroll down the street on a miserable day  
and only see the smiles on people's faces  
Others trudge along, only seeing the grey concrete moving beneath their feet  
Do they notice the nod and smile from the old man on the corner?  
Or is he invisible because he is only beautiful on the inside?



Some might see the morning fog as a shroud of grey that settles in their soul  
and stays with them even when the sun breaks through to warm their skin  
Others see the fog as a beautiful mist that opens up to reveal the  
brightness of life and a reason to feel good about the outside...on the inside.

© Annette Hansen 2005



Soroptimist International of Sequim  
P.O. Box 126  
Sequim, WA 98382

SOROPTIMIST

**Best for Women**

*improving the lives of women and  
girls in local communities and  
throughout the world.*

To A Woman Making A Difference For Women