



Soropti-SCOOP

A Communique by
women dedicated to improve the lives of women and girls
in local communities and throughout the world.

SOROPTIMIST

Best for Women

Vol. 12, Issue 10

Soroptimist International of Sequim

April 2009

Officers 2008 - 2009

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Kathleen DeJong

President-Elect:

Rose Jaeger

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Nina Jones

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Kathy Purcell

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Willadee Tallman

Directors: 2 year

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Directors: 1 year

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Directors: 1 year

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Kathy Purcell

Newsletter Staff

Kathy Purcell
Sally Sue Barry
Colleen Blazier
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“When one tugs at
a single thing in
nature, he finds it
attached to the rest
of the world.”

~ John Muir

MESSAGE FROM THE PRESIDENT

Dear Soroptimists,

First off, I want to tell you how proud I am of the great job you all did on our recent Garden Show. What a grand event and so far it looks like it was the most successful show to date. We had a great turnout for our potluck after the show so most of you were able to hear the detailed report from Jan and Jane. For those of you who missed the potluck, they will talk a little bit about the show at our business meeting on Tuesday, April 14.

Spring is here (almost) and that always makes me wish I was in better physical shape. I don't think I'm the only one who dwells on this. I really don't like to exercise, but I knew I needed to, so I decided to join Sequim Gym and pay to work out with a personal trainer. The reason I paid to work with a personal trainer is I knew I would show up if someone was waiting for me. I knew if I just paid for a membership and it was left up to me to show up and work out, I could easily talk myself out of it. So far my plan is working and I'm proud of myself. My goal is to eventually wean myself off the personal trainer and go it on my own which is much cheaper. I also went back to Weight Watchers to lose 10 pounds. I tried to do it on my own but that was not working. Why is 10 pounds so hard to lose?

I guess my point here is we need to take care of ourselves and our bodies. Exercise, no matter how you get it, is good for the soul and that's from someone who hates to exercise. You have to take care of yourself because no one else will. The better your mental and physical health, the happier you will be and the happier your family will be. We often say we just don't have time to exercise but we really do. Even if you just go for a walk around the block that is a start. Grab one of your Soroptimist friends and make a date to walk your dogs together. Whatever works for you. Like the Nike ad says, “Just Do It”.

I wish you the best of health in the years to come.

Kathleen DeJong,
President
SI Sequim



There's no easy way out. If there were, I would have bought it. And believe me, it would be one of my favorite things! Oprah Winfrey

Letter from the Editor

Dear Friends,

Spring, spring, spring. It's here – at least according to the calendar. One indication spring is here is the precipitation that has been falling (in most parts of Sequim) is clear and not white (rain not snow).

That was the case when I walked Abby one morning at the end of March. It was still chilly that morning so I wore my gloves and my winter jacket with the hood. I didn't notice the rain at first. It wasn't until we were a bit down the road that I saw spots on the pavement. That brought to mind speckled eggs – only



in grayscale. By the return trip the speckles were gone. Enough raindrops had fallen to merge them all together. The pavement was a solid color. My thoughts went to showers, bringing flowers of color.

Another indication of spring is the Gala Garden Show. Our 11th annual fundraiser was a fabulous, fun, friendly festival filled with flowers (and other stuff too). You can see photos starting on page 8 of this issue of the *Soroptimist-Scoop*. Also, there are photos on the Garden Show website: <http://www.sequimgardenshow.com/gallery.htm>.

It was amazing to see and be part of the Garden Show activities. Even though there were over 150 worker slots to fill for the two-day show and setup, Jan and Jane (fondly referred to as Jachapmanzers) were undaunted by the task. We worker bees, wearing our Flower Power T-shirts, showed up in droves to help. While buzzing from station to station we pollinated good cheer and the Soroptimist mission. The fruits of this can Bee seen on page 4, as well as at future meetings when we install some of those pollinated prospective new members.



Jan Chapman has said many times “It takes a village.” Our (club) village is like a colony of honey bees. Working together we build a strong structure. And we reap the sweetness of our labors. It's interesting that the analogy of bees has come to mind. It is so fitting, as the theme of our Soroptimist Region Governor Carene is, Bee Your Best.

That brings up another indication that spring is here – the Regional Conference is coming April 23-26. Four of our club members will Bee there, including first-time attendee (and next year's President-Elect), Missy Church-Smith.

Yes, spring really is here! May we all keep a spring in your step, as together we Imagine the Possibilities.

Light and Love,
Kathy Purcell, Editor

“Such happiness as life is capable of, comes from the full participation of all our powers in the endeavor to wrest from each changing situation of experience, its own full and unique meaning.” ~ *John Dewey*

CALENDAR

APRIL

- 10 BOARD MEETNG
- 14 Business Meeting
GOM Apr & May
- 28 Program Meeting
WOA & VR Winners
Uganda Update

MAY

- 8 BOARD MEETNG
- 9 VIP Luncheon
- 12 Business Meeting
- 26 Program Meeting
High School Scholarship
Winners

* EVENING MEETING



“As each day comes to us refreshed and anew, so does my gratitude renew itself daily. The breaking of the sun over the horizon is my grateful heart dawning upon a blessed world.”
~*Adabella Radici*



“Creative **activity** could be described as a type of learning process where teacher and pupil are located in the same individual.” ~ *Arthur Koestler*

Celebrate Life!

BIRTHDAYS



APRIL

- 2 Louella Hanson
- 14 Pamela Caldero
- 22 Leah Tuttle

MAY

- 4 Jeanne Martin
- 10 Sandy Reed
- 14 Marcia Beggs
- 19 Willadee Tallman
- 21 Patrice Varela-Daylo



Note the phone number for our
MEDICAL LOAN CLOSET

504-0231



MEDICAL LOAN CLOSET

Soroptimist International of Sequim

504-0231

(Hours or local number)
600 N Sequim Avenue
Hours from the Sequim High School Auditorium
(By appointment only)



MEMBERS IN THE NEWS...

OK, so the article to the right doesn't show a photo of any of our club members. However, this article from the *Sequim This Week* does talk about our Gala Garden Show. And it does mention both Jan Chapman and Jane Manzer, the Garden Show Co-Chairs. And it does quote Jane. Many thanks to everyone who helped make our 11th Annual Gala Garden Show a success!

LOOKING FOR A SITE – Your Help is Needed

The Medical Loan Closet needs your help in locating a storage site. We lost the use of the building where we kept excess equipment until it could be passed on to other users (our last load went to Morocco through Medical Alliance).

We need something about the size of a single garage, minimum, and at the right price (free). Ideally it would be easy to access when the small moving van comes to pick up the equipment, and would be available to committee members when we have equipment to store there.

If you have any ideas, please contact Sally Sue (683-6151) or Louella (683-2605),

Spring's arrival

Inspiration springs through the Soroptimist Gala Garden Show



Proceeds will help Soroptimist International of Sequim continue to provide scholarships, programs and services for residents living in the area.

"The 11th annual Soroptimist Gala Garden Show is a fantastic opportunity to welcome spring, immerse yourself in all things garden, donate to your community and have a thoroughly enjoyable experience all at the same time," said Jane Manzer, who co-chairs the event with Jan Chapman.



"Each year the show gains in quality, quantity and integrity, and this year is no exception.

"We guarantee smiles at the front door on our part, and we are sure you'll have a smile on your face when you leave. You'll be

glad you came."

Manzer said this year's show features vendors offering everything you will need for your garden and outdoor living spaces.

Vendors will sell plants, seeds, garden tools, stepping stones, pots, hanging baskets, greenhouses, framed botanical art, custom metal work and landscaping services.

Free classes will be offered both days and will cover a variety of topics. For a full list of classes, see the adjacent sidebar.

Two hands-on classes will be taught by area gardening experts. Classes cost \$20 per person per class. Space is limited and pre-registration is required. To register, phone 360-461-5480 or register at the door. (For more information on class topics, see the adjacent sidebar.)

Manzer said an expanded Garden Café will entice show attendees to savor delicious dishes.

Live music by David Michael, a harpist, will be provided in the café area.

Café diners can view educational displays by organizations including the Sequim Lavender Growers Association, Friends of the Fields, Sequim Locally Grown and Sequim Prairie Garden Club.

MEET OUR NEWEST MEMBER



Jean Stratton

I am a former member of the SI Jet-Set. Now that I have retired, I am volunteering at First Teacher as a grant writer, and completing a certificate of study in Children with Special Needs/Early Childhood Education.

I grew up in Port Angeles, graduated from Seattle University in 1977 with a B.A. Journalism. I have lived in Sequim for about six years. My husband George is the retired Director of North Olympic Library System. I have two step-sons: Jake and Gabe, both grown and on their own; Pixel, a Border Terrier with two Blue Ribbons, and three cats.

I was the Director of Membership Development for Girl Scout Council for 17 years; Branch Manager of Port Angeles Library Branch for 10 years. I have been a freelance writer for the Peninsula Daily News; I am currently the new grant writer for Cynthia Martin at Parenting Matters/First Teacher.

I belong to the Zen Buddhist meditation group and my husband and I have gone Saturday mornings, 8-9:30 for the last 14 years. The practice has helped me deal with family crises/deaths. I want to go to graduate school in the next year or so.

STRATTON, Jean (George)
52 Greywolf Rd
Sequim, WA 98382
(360) 452-6719
jmstratton@olympen.com
Birthday: 11/20

“It is not enough to understand, or to see clearly. The future will be shaped in the arena of human activity, by those willing to commit their minds and their bodies to the task.”

~ Robert Francis Kennedy

SLATE OF OFFICERS AND BOARD 2009 – 2010

ROSE JAEGER – *President*
MISSY CHURCH-SMITH – *President-Elect*
NINA JONES – *Secretary*
KATHY PURCELL – *Treasurer*
BETSY JOHNSON – *Assistant Treasurer*
DEBORAH CARLSON – *Director, 2 years*
JAN CHAPMAN – *Director, 2 year*
MAYME FAULK – *Director, 1 year*
AMANDA BEITZEL – *Director, 1 year*
KATHLEEN DE JONG – *Past President*

SCHOLARSHIP NOTEBOOK REVIEW NIGHT

This is notice to “Save the Date” of **MAY 12th** for high school scholarship notebooks review. This is an evening affair where we select the seven (7) winners of our scholarships for 2009.

We’ve all worked hard to earn this money that we’re giving away, so plan to participate in the selection process.

Details of sign-up sheet, time, place, food, etc. will be forthcoming. Got questions? Call Betty at 683-7649.

MEMBERSHIP IS BLOSSOMING!

The Gala Garden Show is turning out to be a wonderful membership drive event also. We had serious inquiries about Soroptimist from about 10 women and one, Jean Stratton, joined the day after!!

Be sure to read all about her in this issue. Additionally, we expect several of those women who received prospective member packets to attend April meetings so they can learn more about us – and see if our club is a good fit for them. So please reach out to them, make them feel welcome, and help us to “show our stuff”. Again, stay tuned for new member orientation.

Jane Manzer, Membership Co-Chair

PROGRAMS

April Program Meeting:

This should be a great meeting! We have the Violet Richardson Award and Woman's Opportunity Award winners on hand to tell us about what they are doing and to receive their awards. We have Betty Meehan & Lonnie Pollard, church members who went to Uganda, to give us an update on how our money we sent is being used. If time permits, we will have a Meet the Member with Nina Jones. It should be very interesting so hope everyone can make it. ~Rose Jaeger

Irrigation Festival Luncheon (May 9th): We are looking for some members to be on a committee to arrange for the Festival luncheon. This would entail securing the location, (Key Bank), organizing the food, and manning at the bank the day of the lunch. Sign-ups will be available at the April meeting or you can email me at: jaeger@olypen.com, or call me at 681-3507. It is not a difficult project and I know the previous year's notes will be most helpful.

Installation Banquet: This is coming up fast. The installation is scheduled for **Friday, June 12th** and I would love some help from members in planning the venue, arranging for decorations, doing the invitations, etc. This is our last event before we shut down for the summer and I would love to send Kathleen out on a good note. I already have some ideas but will need help putting all into place. If you would like to lend a hand, please contact Rose.



Sierra Leone: Here are some further highlights of what Soroptimist funds have been able to accomplish in Sierra Leone.

Improvements in Health:

The Young Mothers project gives healthcare and workshops on health issues, from nutrition and family planning, to minimizing water-borne diseases. In Freetown, the improvement in mothers' health has started to have a positive effect on their children, with the number of children needing medical attention dropping by over 65%.

In Bo, there was a significant improvement in the general health situation of the families in the summer of 2008. The number of children treated for illnesses like malaria, diarrhea, typhoid and tropical ulcers dropped considerably.

Improved School Performance:

All of the children of school age on the Integrated Child and Family Support project are now attending school. Previously, most had to drop out as their families could not afford the fees and equipment. This obviously has a huge effect on the children themselves, but it also makes a difference to the

family's overall wellbeing, enabling caregivers to preserve energy that they can then focus on other needs, such as regaining their strength and building a source of income.

Several children had special commendations from the schools. In Bo, recent reports from schools indicate that of the 130 children whom we are supporting there, 70% have above-average grades and only 10% needed remedial support.

Improved Community Knowledge:

We work closely with local leaders to identify the families most at risk and we continue to involve them once we discover the family's needs and their standing within the community. The support of neighbors and leaders can make a huge difference to a family's wellbeing, and as we have addressed their needs the local community has started to offer their help-gathering natural resources for building, offering their labor for free, trading with the families, looking out for them and making sure the family is included in community events.

To date our club has collected: **\$1169.60**. Thank you, everyone!

Area Meeting Summary:

We had a great time getting lost and then finding our way again in downtown Bremerton, even with a GPS. Construction will do that. The Area Meeting is a much smaller and more intimate group of fellow Soroptimists. It made it much easier to exchange ideas and network with sister clubs. I think the five of us came away with lots of new ideas, renewed energy, and enthusiasm for the upcoming year.

Each person was asked to explain why she joined Soroptimist. This was most interesting, but the one thing that almost everyone said was the development of lasting friendships. Soroptimists fed the soul, filled a niche, provided a means to accomplish things, helped women and girls, was global, and so forth. We were reminded that it is important to continually look at our clubs to see if the things we are doing really do meet the mission of Soroptimist, “making the lives of women and girls better”. All the area clubs in attendance had fantastic activities, fundraisers, projects and great people. We all make such a difference in the lives of others. It was a great experience and I would highly recommend it to everyone. Rose



Go SOROPTIMIST!



Guess Who's Dressing Up?



Visiting the Pyrex Museum



Rose gives the report for SI Sequim



Deborah Horn writes our Brainstorming Ideas



District 1 Director Lynn Tippet



Past Gov Linette & Kathy



A Full House



Kathleen, Rose, Missy, Sandy & Kathy attended from SI/Sequim

Making Our Money Matter

The 2008-2009 year isn't quite over. However, it is time to start thinking about the budget for the upcoming year. We've made some changes to the overall budgeting process. Our intent is to streamline things and make it easy for committee heads.

Your Treasurers reviewed the line items on the current budget and assigned each of them to a responsible committee or person. We prepared individualized respective spreadsheets which include a P & L history from 2006 thru March, 2009. These are now in the hands of the current committee heads for their review.

The budget is a guide. If you have something you feel should be considered in the budget, contact your committee chair or your treasurers. Committee heads are asked to have their suggested budget to Kathy and Betsy by **April 28**. We will prepare a proposed budget with the input we receive; that will go to the Board for review and then will be presented to the membership.

Kathy & Betsy
Your Treasurer Twins

Coming soon to your mailbox: Dues letter for 2009 – 2010.

A QUESTION OF QUESTIONS



Part of being a Soroptimist is sharing ideas. One of our sister Soroptimist clubs - SI Burlington - has an interesting column in their newsletter (you can read the newsletter on the NWR website). Each month they ask a question and members are invited to respond.

Last month we introduced the idea of having a regular column where we ask a question. We've had several positive responses. The April question is:

“What was the funniest, most unusual or memorable thing you experienced at the Gala Garden Show - from any of the 11 shows?”

Were you there for my “pig bink” fiasco? I was writing down the raffle winners as they drew them and accidentally wrote that little “spoonerism” when I meant to write “big pink”. So later, when I gave the list to Stephen, he read it that way and giggled over the loudspeaker.

Funny!

~ Jane Manzer

For many years Sandy and Jim Reed have taken the sandwich board Garden Show signs and put them in strategic places on Saturday morning of the show. Several years ago after returning from setting out the signs, Sandy received a call at the Boys & Girls Club. When she picked up the phone, a woman yelled in her ear, “Why did you take down my garage sale signs!?” After listening to the woman rant for several minutes and trying to explain she did not take down, nor even see any garage sale signs, Sandy asked the woman what she could do. The irate woman screamed, “Give me back my garage sale signs!” and then she slammed down the phone. ~kp

Louella Hanson took a chance and purchased raffle tickets for the small pink hand-painted Adirondack chair – not to be confused with the Pig Bink chair mentioned above. And she won! The chair was for her grand-daughter Cecelia. Louella called Cecelia to tell her she had something for her in her trunk. “You mean my pink chair?!?” she exclaimed. Seeing Cecelia’s face, we all get to share in her joy. Three Cheers (not chairs) for whoever had the idea of the painted chairs. ~kp



RAFFLE WINNERS

Adult Yellow - Laura Rundle
Adult Green - Lottie B
Adult Pink (aka “Pig Bink”) - Terri Chapman
Child Green - Kary Brown
Child Melon - Sallie Washburn
Child Pink - our very own Louella Hanson
Cedar Birdhouse - Steve Vause
Living Birdhouse - Heather Ellison

A vendor outside [Joshua’s Good Earth Plantings] had a young family tending the booth, with two adorable little boys happily occupied with the sand box erected in the booth space. The littlest boy started doing the “potty dance”; mom asked him if he needed to go - he instantly dropped his little drawers, squatted - and peed! No time for anyone to react except to get outta the way - mom said, “I had to jump back or he’d have gotten my shoe!”



Barb Thompson 

Who could forget – certainly not Jan Chapman – the importance of taking a defective coffee pot out of service? And don’t wear sandals in the kitchen. Jan discovered a new meaning of Coffee Break. Even after her Kitchen Caper, Jan found a burning desire to step into the Garden Show Co-Chair position. Way to go, Jan! This deserves a latte on me – figuratively only. ~kp



It is said, "A picture says a thousand words." May the pictures in the newsletter reflect the gratitude to all for your participation in the 11th Annual Gala Garden Show.



Soropti-Misters Helped Too!



S
E
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N
G



U
P



“Volunteers are seldom paid, not because they are worthless, but because they are PRICELESS!” ~ author unknown

11th Annual Gala Garden Show!

Come on In!



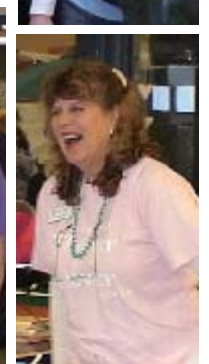
Soroptimist know how to Make an Entrance!



Cashing in on FUN!



The Two Janes





SIGNS of the Times



Don't Mess with the Cook!



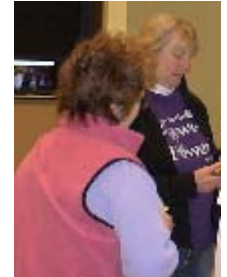
Not just another Fish Story - Tuna!



KP doing KP



It takes a Village...



Clarifying what the customer wants

HARPIST David Michael



Music to our Ears and our Hearts



Catering to the Vendors





Jachapmanzers



Raffle FUN!



Heather makes a point



Getting ready



On the job



Smiles all around!

The Soroptimist Table



S
P
E
A
K
E
R
S



Marilyn and her Art!



Making a Bid!



Soroptimist have Class!



Thanks
x
a Million!

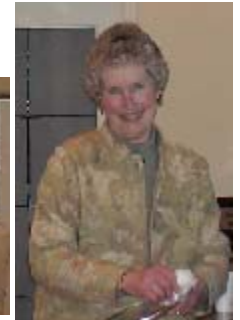
See you
next year!

We netted \$18,254.79!



A Big HUG and
THANK YOU to All!





A Potluck Celebration!



HITTING THE ROAD

The French Way by Cathy Angel

Leon and I were fortunate enough to travel through Provence, in the South of France, as well as Tuscany, the Italian hill country, this past October. Traveling with friends enabled we three couples to share a stone villa overlooking the white sandstone cliffs in the Luberon region of Provence and an old stone farmhouse originating in the 1700's (but fully renovated) in Tuscany – certainly a trip of a lifetime for us!

I so appreciated the civilized French way of life and attention to detail, and wanted to share a specific event which “said it all” for me. The attached photo was taken at a small local eatery in the tiny village of Buoux, within walking distance of our villa. Our group of eight American diners had enjoyed a leisurely, simple yet deliciously prepared midday meal at the table next to the adorable gentleman in the photo. He was savoring an equally leisurely, multi-course meal all by himself, and we noted his meal was unlike any other served in the tiny bistro.



Our new friend, a 93 year young life-long Buoux resident

Worrying our animated discussion and laughter may have disturbed his meal, I approached him to apologize for any inconvenience. With the help of our French speaking traveling companion (so helpful in France, of course!), I learned that on the contrary he had thoroughly enjoyed our zest and spirited discussion - especially since he could follow the conversation of at least our one French speaking companion! This gentleman was so adorable, I couldn't resist asking for a photo, which he seemed to enjoy as much as I!

Upon leaving the restaurant, the owner advised this 93 year young, life-long Buoux resident, who lost his wife a few years back, walks to the restaurant every single day for his main meal. A special meal is prepared just for him each day, which is not on the menu, and is comprised of the typically French several courses.

~continued on page 13



Our villa in Buoux (Provence)



The front of our Provence villa

~continued from page 12 **The French Way**

The French take their gastronomic pleasures seriously, as so hilariously described by Peter Mayle, in his wonderful books including *A Year in Provence* and *French Lessons*, which I am just now reading. It so happened that when Peter Mayle adopted Provence as his new home, he lived for a year in the villa we occupied in Provence while locating his permanent home in the nearby village of Bonnieux, a coincidence we found intriguing!

Upon returning from our travels, I happened to hear on NPR another delightful story about “The French Way” with food. There are 250 day care facilities in the city of Paris, apparently government run or mandated, because they all have the same mid day meal standards and routines for their youngest diners. No fast food or pre-prepared meals for these kids!

All the children are seated at tables for four, donning their brightly colored bibs, and are served a four course meal – hors d’oeuvres, entrée, cheese, then dessert. The meals are prepared on-site daily right at the day care center, using the freshest, local ingredients. The children are taught to use their utensils properly, and to remain seated until each child at their table has completed his meal. Sounds pretty darned civilized to me, and certainly sets the stage for the French life-long appreciation of a fine and leisurely meal!

“Be like the bird that, pausing in her flight awhile
on boughs too slight, feels them give way beneath
her, and yet sings, knowing that she hath wings.”
~ **Victor Hugo.**



Terrace Dining













Lavande (lavender) for sale
at a French country market

“The real voyage of discovery consists not in seeking new landscapes but in having new eyes.” ~ **Marcel Proust**

April 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Prevention of Animal Cruelty Month			1	2 Louella Hanson 	3	4
5	6	7 UN World Health Day 	8 Passover 	9	10 BOARD MEETING	11
12	13	14 Business Meeting Pam Caldero 	15	16	17	18
19	20	21	22 Leah Tuttle Earth Day 	23	24	25
26	27	28 Program Meeting Women's Opportunity & Violet Richardson Award Recipients	29	30		

May 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
National Book Month 					1	2
3	4 Jeanne Martin 	5	6	7	8 BOARD MEETING	9 VIP Luncheon
10 Sandy Reed Mothers Day Mom  	11	12 Business Meeting Scholarship Notebook Review Night	13	14 Marcia Beggs 	15	16 Armed Forces Day 
17	18	19 Willadee Tallman 	20	21 Patrice Varela-Daylo 	22	23
24	25 Memorial Day 	26 Program Meeting High School Scholarship Winners 	27	28	29	30
31						

EARTH DAY BY JANE YOLEN

I am the Earth
And the Earth is me.
Each blade of grass,
Each honey tree,
Each bit of mud,
And stick and stone
Is blood and muscle,
Skin and bone.



That's why we
Celebrate this day.
That's why across
The world we say:
As long as life,
As dear, as free,
I am the Earth
And the Earth is me.

And just as I
Need every bit
Of me to make
My body fit,
So Earth needs
Grass and stone and tree
And things that grow here
Naturally.



Soroptimist International of Sequim
P.O. Box 126
Sequim, WA 98382

SOROPTIMIST

Best for Women

*improving the lives of women and
girls in local communities and
throughout the world.*

To A Woman Making A Difference For Women