



SOROPTIMIST

Best for Women

Soropti-SCOOP

A Communique by
women dedicated to improving the lives of women and girls
in local communities and throughout the world.

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Soroptimist International of Sequim

September 2006

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Kathy Purcell
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A MESSAGE FROM THE PRESIDENT - LET'S CELEBRATE

There is so much to be thankful for as this Labor Day weekend ends with a majestic sunset. Soroptimist celebrated the second brainstorm meeting with a wonderful exchange of thoughts and ideas. The liveliest discussion centered on our 60th anniversary celebration. I talked about the 4 components of The Renaissance Campaign since the NWR was honored in Philly. We'll hear more about that when Kate is the speaker at our September program meeting. I also touched on: future community service projects and financial commitment, Project Five-O, upcoming Health Fair and distributing Domestic Violence information.

It was wonderful to have Dr. Ruth Marcus at the inspirational closing session. As many of you know, Ruth is a former Soroptimist member and immediately said, "yes, of course" when I asked her to join us. In fact, Ruth was invited to be the keynote speaker at our District meeting in Ocean Shores. That should be another enticement for you to attend. We all have family "secrets" and it was delightful to have her share the story.

As I was retiring the flag tonight, I wondered about Labor Day, as it is dedicated to the social and economic achievements of the American workers. That would be all of us. I decided to do a little research and found that the first Labor Day holiday was celebrated on Tuesday, September 5, 1882. In 1884, the first Monday in September was selected as the holiday; this was to follow the example of New York where a "workingmen's holiday" was celebrated on that date. Through the years, the nation gave increasing emphasis to Labor Day.

As a child, it just seemed to mark the last fun weekend before school started. Now, I know that Labor Day celebrates the vital force of labor that added materially to our standard of living; it brings us closer to the realization of our traditional ideals of economic and political democracy. It is appropriate that the nation pay tribute on Labor Day to the creator of so much of the nation's strength, freedom and leadership – The American worker.

Speaking of leadership, I'd like to share something I found on How to Encourage New Leadership with **SOLT**:

Start your (Soroptimist) year with positive intent and optimism. It is essential for the very life and health of our club.

Open your minds to new ideas and relationships. The very glue that holds together our journey of service is relationships.

Let go of old "baggage" and negative thoughts. It's a new year and retention of membership is based in the sense of community evident within the club. Be positive.

Take time to explore a relationship with a club member not so familiar to you. People need to know you care about them. Practice empathic listening.

I look forward to seeing everyone for our first business meeting at Danny's Restaurant on September 12, Tuesday at 7 a.m.

Blessings in Friendship,
President Colleen

Letter from the Editor

It's September, the end of summer, the traditional back to school time. I used to like the end of summer. When I was in elementary school, the last two weeks before Labor Day, my family went to my grandparents' cottage.

The beach was just a short walk down the road. There was a swing outside in the yard, and one inside the enclosed front porch. Oh, how I enjoyed those! I remember being pulled around in a red wagon that looked like a car. We played croquet on the lawn. We ate meals together as a family – some of those meals were cooked on the barbeque grill. We toasted marshmallows at night. Sleeping quarters were a little cramped. My sister and I shared a bed; my other siblings did too. We stayed up late chattering away. It was a time of sharing, bonding, and yes, a little bit of silliness.



That was good, because soon after returning from the cottage, it was back to school. I knew some kids that detested going back to school. It interrupted their freedom – or maybe they were afraid of what would happen in the year ahead. I looked forward to going back to school. It wasn't just getting a new pair of shoes – there was an excitement in the air. I was anxious to meet my new teachers and to reconnect with old friends. It was an opportunity to share stories about our summer adventures and compare notes.

These thoughts come to mind now because our District 1 Meeting is just around the corner. It is October 6-8, 2006 and once again at the Shilo Inn at Ocean Shores. The theme this year is: **“Renew Our Clubs & Renew Our Friends.”** The District Meeting kicks off with a Friday night Hospitality gathering. This is where the ‘renewal’ begins. If weather permits, the hotel is going to hold a big bonfire for us. How cool is that! Maybe we can even toast marshmallows! Sharing a hotel room with Soroptimist sisters will be like sharing the cottage bedroom with my own siblings. I can tell you from experience, some Soroptimist sisters have been known to chat away the night and act a little silly too.



On Saturday, the Keynote speaker will be Dr. Ruth Marcus. She fits right into the “renew our friends” as Ruth is a former member of S/I Sequim! Those of you who attended the Brainstorming meeting heard Ruth share one of her family secrets. Her motivational words will be a perfect lead-in to the workshops where we can learn more about our on-going Renaissance Campaign.

~continued on page 3

We have a hunger of the mind which asks for knowledge of all around us, and the more we gain, the more is our desire; the more we see, the more we are capable of seeing. ~ Maria Mitchell

CALENDAR

SEPTEMBER

- 8 Board Meeting
- 12 Business Meeting
- 26 Program -
"Kate Goes to Philly"

OCTOBER

- 6 Board Meeting
- 6-8 DISTRICT MEETING
- 12 Business Meeting
(GOM Oct & Nov)
- 26 Program -
Judith Pasco

MARK YOUR CALENDARS **DISTRICT MEETING**

October 6-8, 2006
Shilo Inn
Ocean Shores, WA

For those who have seen the Earth from space, and for the hundreds and perhaps thousands more who will, the experience most certainly changes your perspective. The things that we share in our world are far more valuable than those which divide us. ~ Donald Williams

Celebrate Life!

BIRTHDAYS



SEPTEMBER

- 2 Sherry Schubert
- 8 Nanc Smith
- 11 Kat Essex
- 23 Sally Sue Barry
- 29 Leah Davis

OCTOBER

- 15 Judy Ogilvie
- 20 Jeanie Blaurock
- 27 Cathy Angel



Note the phone number for our
MEDICAL LOAN CLOSET

504-0231



Know that although in the eternal scheme of things you are small, you are also unique and irreplaceable, as are all your fellow humans everywhere in the world.
~ Margaret Laurence

MEDICAL LOAN CLOSET UPDATE

This has been a busy year for our Medical Loan Closet. We credit part of the growth in use to our Vonage phone message system which has been in use for a year. We've also had a lot of publicity & good word-of-mouth P.R.

The Vonage system has made it easier for our committee members to serve our clients. And now that the committee is using a rotating schedule – each member serving one week every two months – it is easy to plan our appointments at the Closet.

Since the 1st of the year, we have loaned out over 300 items. And our clients are obviously very grateful. They donated \$2250 in club year 2005-06 and \$736 so far this year, July 1-Sept 1.

We also receive donated equipment. Our late member, Myrtle Zaponni, left us an almost brand new lift chair. Because we didn't have room in the Closet and because it would be difficult to loan out because of its weight, we decided to sell it and use the monies appropriately. Myrtle, a good business woman, would have approved.

We need a couple of new committee members. If you think you might like to serve in this very rewarding service, call Louella or Sally Sue. You can also sign up when you reply to Kathy Purcell's call to indicate the committees on which you wish to serve. Sign up for "Programs" & indicate "MLC."

Questions? Ask members Penny, Laura, Jane, Sandy, Peg, or Louella & Sally Sue. Any one of them can explain the system & tell you how rewarding it is.

Sally Sue Barry -MLC Co-Chair

Back to School

~ continued from page 2

Saturday evening will start with Tell and Sell. We are planning to sell the wonderful Journals designed by Kate Creasey (see work party article on page 5) as well as some lavender products. The dinner that follows has a Hawaiian Party theme. Members are encouraged to dress in Hawaiian garb – muumuu, lei, flower in your hair. The only limit is your imagination.

During the weekend we will hear reports on what's coming up for our (SOS) Saturday of Service and celebrate the club success awards. We have a chance to 'renew our clubs' through members sharing what has worked, and what hasn't. Just like going back to school, we can compare notes.

As we leave the District Meeting, we will return to our club with renewed focus. So sharpen your pencils and bring out your composition books. It's going to be a great year. There's so much we can learn and do to make dreams happen.

With Gratitude & Love,
Kathy Purcell, Editor



CALL TO 2006 DISTRICT MEETING

Join us for the Fifty-Third Annual Meeting of
District 1, Northwestern Region
Soroptimist International of the Americas

“Renew Our Clubs and Renew Our Friends”

October 6 – 8, 2006



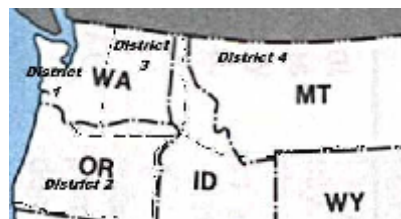
We have reserved hotel space for 4-8 members. So far those committed to going are President Colleen, Kate Creasey, Kathy Purcell, Gail Frick, Sandy Reed and Jane Manzer. If you wish to attend, please contact Kate; she is handling the registration for our club. Deadline for Registrations is September 13th.

We plan to leave Sequim early Friday afternoon, October 6th, and return Sunday afternoon, October 8th. Saturday evening's theme is Hawaiian Party! Attendees are encouraged to wear muumuus, leis, flowers, grass skirts, etc.

A complete Call to Meeting can be found on the NWR website: <www.soroptimistnwr.com>

WE'RE PART OF THE ONE

District 1 is one of four Districts in the Northwestern Region. We cover all of Alaska and the Western area of Washington from Bellingham to Centralia/Chehalis. Our District is the largest, with 40 clubs totaling 1200 members. We are governed by the region board. Charlotte Bowen, our District Director, is from SI Fairbanks.



THIRD ANNUAL OLYMPIC PENINSULA HEALTH FAIR

The Third Annual Olympic Peninsula Health Fair will be held on September 16th at the Sequim High School Gymnasiums from 10 am to 3 pm. There are over 120 exhibitors and more than 16 free medical screening tests are being offered.

Our Soroptimist club will be hosting a table with the Sequim Senior Center. We will be using this as a public relations and marketing opportunity for Soroptimist. There will be hand outs about the Medical Loan Closet and a sign up for those who want more information. We will also have information on the Violet Richardson Award and Women's Opportunity Award as it is time to collect applications for those awards.

It is time to let the community know about one of its oldest benevolent organizations – what we have done and are doing for our community. We still need one more person to join Gail from 12 to 3 pm at the table. Let Kate Creasey know 683-8334 if you are willing to fill that vacancy. In the past this fair has had over 1500 people attend, so this is a great opportunity to share Soroptimism and what it means.

Kate Creasey

PREPARING FOR TELL AND SELL Participating in the ONE (District One)

What happens when you share a dream? Often you get help to attain it. We saw an example of that on Tuesday evening, August 29, 2006 at Kate Creasey's home. Kate had a dream of selling her special Journals at the Tell and Sell at District Meeting. These Journals are hand decorated, and each one is unique. Kate made and sold them for the recent Sequim Relay for Life; she brought in nearly \$500 from the sale of these special gifts. You may remember seeing a sample of one in past *Soropti-Scoop* articles about the Relay.

Kate's dream was to make 50 Journals to take to the District Meeting. Being each one is hand decorated, Kate came up with the idea of having a Journal Work Party. She put out a call via email and those who answered were: President Colleen, Kathy Purcell, Dale Simon, Anne Knight, Ann Salmon and Sally Sue Barry.

Under Kate's tutelage, we gathered that Tuesday night and got to learn how to create the special Journals. Some of us cut with scissors, others, like Dale, preferred a cutter; President Colleen showed her some tricks for using it.

We learned about glue strips and glue dots, stamps and rivets. I have a new respect for this talent that Kate so easily shares with others. In between all the 'work' we were able to share some friendly banter. It doesn't get much better than that. We plan to take the Journals to Tell and Sell. Thank you, Kate! And thanks to all of you who helped make this dream happen.

~kp



Learning is finding out what we already know. Doing is demonstrating that you know it. Teaching is reminding others that they know just as well as you. You are all learners, doers and teachers.
~ Richard Bach

LAVENDER BRINGS OUT COLORFUL IDEAS

brain-storm (*brân'stôrm'*) think, suggest, come up with, devise, dream up, bright idea, inspiration.

On August 26, 2006, amid the aromatic fragrance of lavender, members of SI/Sequim gathered at Angel Farm for our club's Brainstorming meeting. It was a time to reconnect after a summer hiatus. Well, the summer wasn't a total lull for club members, but we did take a break from regular club meetings. Members brought sandwiches, some salads, fruits and veggies. There were muffins, coffee, tea, and orange juice. The morning began with member chatting amongst themselves, sharing events that had happened over the summer.

Then representatives from each committee gave a brief explanation of what their committees do. There were some questions and answers.

A break for lunch followed. The sandwiches were cut into quarters and members were invited to try various sandwiches. As usual, there was plenty to eat. President Colleen brought a special dessert treat – Tiramisu. And Kathy Purcell brought a surprise for the president – cupcakes decorated with Suzy Zoo characters.

After lunch, President Colleen passed out a sheet called Soroptimist Club Health Check Up. Each member was encouraged to fill out the form, but didn't have to list her name. The form is designed to help club leadership learn what is important to the membership and what members would like to see for the club.

Then there was verbal brainstorming about current and future projects, programs and fundraisers. It was an engaging, interactive discussion. Thanks to everyone who attended and offered your ideas and shared your dreams for our club.

To top it off, we had a surprise guest speaker, Dr. Ruth Marcus. Dr. Ruth shared a family recipe for soup. She spoke of each ingredient of the soup, and compared the qualities of each component to the qualities of a successful club. Wow! That sure was inspirational and motivating!

We thank Dr. Ruth for revealing one of her family secrets to us. And we thank Cathy Angel for providing a wonderful backdrop for the second year in a row.
~kp



WE'RE REACHING A MILESTONE THIS YEAR

MOO—LA raiser



COW DROP WILL RAISE FUNDS. Dee Christianson and Sherry Phillips of the Sequim Soroptimist Club posed by an appropriate sign as they promoted the upcoming Cow Drop Contest. **To participate you can purchase a cow drop lease for \$5 and if one of three cows drops on your square yard of property, you'll win \$200, \$300 or \$500.** A dinner and dance will be held in conjunction with the event at Carrie Blake Park on Saturday, Sept. 26. The dinner — which will feature Chili Cow Carne, Cow Slaw, Cow on the Cob and Blackberry Cowbler — will begin at 6 p.m. with the cow drop at 7 p.m. and a dance, featuring Liljedahl and Hoffman will start at 8 p.m. **Tickets for the event are available at Cowlson's Hallmark in Sequim or from a Soroptimist member.**

Cowtography by Jim Manders.

HOLY COW! WE'RE 60 YEARS OLD!

Soroptimist International of Sequim was chartered on May 2, 1947. That means our club turns 60 years old this year!

Each issue of the *Soropti-Scoop* will include some information about our club over the 60 years. We decided to start with something that would allow us to milk the situation.

The photo and caption explain one of our more creative fundraisers – a Cow Drop and Barn Dance held September 26, 1992.

Can you believe we're 60!!! We are looking for members to help determine how best to celebrate and publicize this milestone. If you are interested in helping on a 60th Anniversary Committee, please contact Kathy Purcell.

LOST & FOUND AFTER INSTALLATION DINNER

LOST

2 Wine Glasses with Flat Stems

FOUND

2 Wine Glasses with Round Stems

1 Flowered Umbrella

If you brought glasses to the Installation Dinner, please check what you now have at home. Someone has 2 glasses that do not match their set. These belong to President Colleen. And she has 2 glasses that belong to one of you. We also found a lovely floral umbrella. Please let President Colleen know if either of these items belong to you.



The aim of education is the knowledge not of fact, but of values.
~ Dean William R. Inge

PROJECT INDEPENDENCE

We have a wonderful opportunity to supports our Quadrennial Project – Women Survivors of War.

SI – Newport Harbor Area (SI Quadrennial Project Liaison Dawn Marie Lemonds’ club) has created a CD with the generous donations of a song written especially for Project Independence by Patricia Williams and songs from two other artists including a Women for Women International staff member. The CD is titled: LET FREEDOM RING. Recently, SI/ Newport Harbor Area found out from Dawn Marie that the Producer of the CD, Randy Tobin, thought so much of the CD that he has submitted it for recognition for a **Grammy Award!**

They want to make this wonderful CD available to all members in the Northwestern Region. SI/Newport Harbor Area will be selling them at all the District Meetings this October at Tell N Sell. The cost for each CD is \$11.00. \$10.00 of each sale will go directly to Project Independence – Women Survivors of War; \$1.00 will cover shipping and handling. This is a perfect opportunity for all the members of Northwest Region to support Project Independence.

They are taking pre-orders for the CD prior to the District Meetings so they have a good idea on how many to have shipped to them. The deadline for the pre-order is September 15, 2006. If you are interested in one of these unique CD’s – one that has been submitted for a Grammy Award – please let Kathy Purcell know.

We will have an order sheet at our September 12th meeting. Payment will be collected at the time of ordering.



PRESIDENT'S APPEAL

Each year the President of Soroptimist International selects a project that provides direct assistance to women and girls in extreme need. Soroptimist members around the world are asked to contribute to this project in celebration of International Human Rights Day, which falls on December 10th each year.

For 2006, SI President Lynn Dunning has selected a project in partnership with Qxfam GB, a charitable, British development, relief and campaigning organization that works with others to find lasting solutions to poverty and suffering around the world. Project Punjab: Helping Girls Into School will increase girls' attendance and improve the quality of education at six primary schools in rural, impoverished areas of Punjab Province, Pakistan.

Our club may be doing a raffle for the President's Appeal. We'll keep you posted. Watch for more information in the next issue of the *Soropti-Scoop*. You can learn more about the President's Appeal by logging into the SIA website: <www.soroptimist.org> click on Library, Programs, Soroptimist International, 2006 December 10th Appeal.



Have you ever been at sea in a dense fog, when it seemed as if a tangible white darkness shut you in and the great ship, tense and anxious, groped her way toward the shore with plummet and sounding-line, and you waited with beating heart for something to happen? I was like that ship before my education began, only I was without compass or sounding line, and no way of knowing how near the harbor was. "Light! Give me light!" was the wordless cry of my soul, and the light of love shone on me in that very hour.

~ Helen Keller

DISASTER RELIEF FUND HELPS WOMEN AND GIRLS

Women in disasters as far ranging as the terrorist attacks in New York City, hurricanes in Florida, wild fires in California, typhoons in Taiwan and the tsunami in Asia have benefited from Soroptimist disaster relief aid. Since 2001, Soroptimist has distributed approximately \$445,000 through the Disaster Relief Fund. Projects to rebuild domestic violence shelters, create women's resource centers and provide individual assistance to women and girls have been funded by the generous donations of Soroptimist members across the federation.

The Soroptimist Disaster Relief Fund is unique as it funds projects focusing solely on women and girls. This focus is important because women and girls suffer disproportionately from the effects of disasters. They generally occupy an inferior position in society prior to the disaster and following it are more susceptible to physical and sexual violence, forced to carry the burden of increased family responsibilities, and in need of specialized health care. With a mission to improve the lives of women and girls in local communities and throughout the world, Soroptimists understand the importance of this focus when disaster strikes.

Recent disasters have nearly depleted the Disaster Relief Fund. In order for SIA to support club and region efforts to help women and girls following disasters that can strike anywhere and at anytime, sufficient resources are needed. Clubs can support the fund by sending donations, earmarked for the fund, to SIA headquarters, or by visiting <www.soroptimist.org> to make a donation online.

SECURING THE FUTURE THROUGH PLANNED GIVING

Soroptimists around our federation are helping women and girls live their dreams. The Women's Opportunity Awards is just one of the programs that helps us achieve our goal of improving the lives of women and girls in local communities and throughout the world. Since the inception of Soroptimist, members have made dramatic contributions to improve our world through aid offered to women and girls. Soroptimist truly is the 'best for women.'











One of the means to this end is the monetary support that has long been provided by Soroptimists. We make contributions to our clubs to ensure the success of our local fundraisers. We also make club and personal contributions to Soroptimist International of the Americas and to Soroptimist International.

SIS has a new formalized planned giving program that expands the Laurel Legacy program already in place. Recently, a brochure was mailed to many Soroptimist members describing the opportunities for giving that are available through this program. The information is available at <www.soroptimist.planyourlegacy.org>, or by contacting Development Director Nancy Fusco. We also encourage you to consult your legal and tax advisors to ensure that your plans produce the best possible result for you.

Bequests and gifts of life insurance are two methods of making a planned gift to Soroptimist. Gift annuities and charitable remainder trusts are two additional options. These options allow you to make plans that meet your personal needs and fit your goals while continuing to support Soroptimist. Since the inception of the planned giving program, SIA has received two donations under this program. We are most grateful for the support of Soroptimist members, without whom our programs would not be possible.

September 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Sherry Schubert 
3	4	5 Labor Day 	6	7	8 Board Meeting UN Literacy Day Nanc Smith 	9
10 Grandparent's Day 	11 Kat Essex 	12 Business Meeting	13	14	15	16
17	18	19	20	21	22	23 Sally Sue Barry 
24	25	26 Program Meeting— Kate Goes To Philly 	27	28	29 Leah Davis 	30

October 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Breast Cancer Awareness Month 	2	3	4	5	6 Board Meeting DISTRICT 1 MEETING	7 DISTRICT 1 MEETING
8 DISTRICT 1 MEETING	9	10 Business Meeting (GOM—Oct & Nov)	11	12	13	14
15 Judy Ogilvie 	16	17	18	19	20 Jeanie Blaurock 	21
22	23	24 Program: Judith Pasco Mujeres de Maiz (Chiapas, Mexico)	25	26	27 Cathy Angel 	28
29	30	31				

THE SENSE OF A GOOSE:



When people say that you don't have the sense of a goose, they should know:

When you see geese flying along in "V" formation, you might consider what science has discovered as to why they fly that way. As each bird flaps its wings, it creates an uplift for the bird immediately following. By flying in "V" formation, the whole flock adds at least 71 percent greater flying range than if each bird flew on its own.

People who share a common direction and sense of community can get where they are going more quickly and easily because they are traveling on the thrust of one another.

When a goose falls out of formation, it suddenly feels the drag and resistance of trying to go it alone - and quickly gets back into formation to take advantage of the lifting power of the bird in front. If we have as much sense as a goose, we will stay in formation with those people who are headed the same way we are.

When the head goose gets tired, it rotates back in the wing and another goose flies point. It is sensible to take turns doing demanding jobs, whether with people or with geese flying south. Geese honk from behind to encourage those up front to keep up their speed. What messages do we give when we honk from behind?

Finally – and this is important – when a goose gets sick or is wounded by gunshot, and falls out of formation, two other geese fall out with that goose and follow it down to lend help and protection. They stay with the fallen goose until it is able to fly or until it dies, and only then do they launch out on their own, or with another formation to catch up with their group.

If we have the sense of a goose, we will stand by each other like that...

[Author unknown.]



Soroptimist International of Sequim
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SOROPTIMIST

Best for Women

*improving the lives of women and
girls in local communities and
throughout the world.*

To A Women Making A Difference For Women