



SOROPTIMIST
Best for Women

Soropti-SCOOP

A Communique by
women dedicated to improving the lives of women and girls
in local communities and throughout the world.

Vol. 8, Issue 4

Soroptimist International of Sequim

Year End 2005

Officers 2004 - 2005

President:
Sandy Reed

President-Elect:
Megan O'Donnell

Recording Secretary:
Laurel Bentsen

Corresponding Secretary:
Dale Simon

Treasurer (Service):
Marie Angier

Treasurer (General):
Casey Murphy

Directors: 2 year
Marilyn Hooser

Directors: 1 year
Jane Manzer

Directors: 1 year
Sherry Schubert

Directors: 1 year
Kate Creasey

Past President:
Gail Frick

Newsletter Staff
Kathy Purcell
Brenda Dunlap



A MESSAGE FROM THE PRESIDENT

Dear Sister Soroptimists,

What a memorable past year this was from our brainstorming meeting in September to our installation dinner a couple of weeks ago. And woven through each chapter of this past year's story was the golden thread of friendship ... *the sincerity of friendship*. As is true in most organizations whether it be business, governmental, or volunteer, the leader is the one who usually gets the "pat on the back" for a job well done; however, it would not have been possible for the Club to accomplish what it did this past year without all of us pulling together. I can say in all honesty that it was a joy and privilege to serve as your president. Love and thanks to all of you!

Past President Sandy

Dear Soroptimists,

Welcome to a new year! No, it's not January but it is July and the beginning of a new year for our Soroptimist Club. The torch has been passed from the very capable hands of the previous president, Sandy Reed, to me, and I am humbled by the task before me.

This past couple of years I have been thinking about the impact I want to make on my world. Pondering this and looking for solutions is part of what brought me to Soroptimist. By being a part of this organization what we contribute as individuals is multiplied by what we contribute to our club, and what we do as a club is multiplied by what our district does, and what our district does by what our region does and what our region does by what our Federation does. Do you catch the vision?

We may feel as an individual we cannot accomplish much but whatever piece you may contribute adds to the whole and becomes a valuable contribution. That brings me to my theme for this year which is "DREAM BIG". Walt Disney said, "If you DREAM it, you can DO it." What a thought! I'm a big dreamer and I love helping people remember that living our dreams is possible. If I were to get accused of setting outrageous goals that are so big it would be hard to believe they could be achieved I would consider that a compliment.

Dear Sister Soroptimists I have an assignment for you. I found this idea on the internet and revised it slightly to fit my theme. On a piece of paper create three columns. "One will be titled "I Know I Can." In this column list three things you know you can do for the club this next year. The next column is titled, "Maybe I Can." In this column list three things that you dream about doing but that might stretch you beyond your current boundaries and the third column is titled "Outrageous." In this column list three outlandish dreams that thrill you but you don't see how they could possibly happen.

When you have completed your assignment I would love to hear from you what you listed. Bring your results with you to our brainstorming meeting coming up in August. I will close with another quote, "To accomplish great things we must DREAM as well as ACT." - Anatole France

I am excited about the coming year. We will ACT on our DREAMS and celebrate the impact that we have had on our community and our world.

Your President
Kate Creasey

Letter from the Editor

Dear Friends:

For a couple of years I have wanted to learn how to use Power Point. I am a person who learns best when I have a project, so I came up with a project for myself – a year end Power Point slide show. My idea was to take pictures at fund raisers, meetings, events, etc. during the year. These would become the graphic part of the slide show. Music is another part. Since President Sandy's theme was Sincerity of Friendship, I looked for music that fit that theme. Taking pictures that reflect the theme was easy. Sincerity of Friendship is seen in everything we do.

Having pictures and music is one thing – putting them together in an appropriate combination is something else. It's kind of like having lots of ingredients for making a dessert, but not having an actual recipe. You mix various things together and hope it turns into a tasty treat (delicious experience).

My original idea was to prepare a *Year in Review* slide show with music and give it to President Sandy as a thank you for her year of service as president of our club. While I was working with Megan on the program for the Installation Dinner, she suggested that I share the *Year in Review* Power Point show at the dinner. She asked if the presentation covered the achievements of this past year.

Although my first Power Point project did have some achievements in it, there was a lot more to it. That prompted me to create a second slide show (a shorter one without music) that zeroed in specifically on the past year's achievements. The first slide show is more decadent; the second is more like a light dessert.

This year I had shutter-bug helpers: Kate Creasey, Brenda Dunlap and Colleen Blazier. Some of their photos are in the slide shows. Gail Frick graciously offered the use of her projector which hooked up to my laptop computer.

Being able to share the *Year in Review* and *Achievements* Power Point presentations at the dinner was a blessing. It turned out they were not only a thank you to President Sandy, they were also a thank you to all the members and their husbands and families. The support of our loved ones helps make us successful.

After the dinner a friend of Megan's said she didn't realize how much Soroptimists do. She said she learned a lot about our club from watching the slide shows. (Could this *Year in Review*, or something like it, become a future membership tool?)

Some members commented that I had started a precedent. Oh, no! What have I unleashed? A few more commented that they hadn't realized how much we (the club) did this last year until they saw all the things listed together in the slide shows.

I am grateful to have achieved my goal and I thank all of you for being part of it. I would like to think that the presentation was the icing on the cake and we all enjoyed the experiences and achievements of our past year. Bon appetite!

With Gratitude and Love,
Kathy Purcell
Editor

CALENDAR

HAPPY SUMMER

JULY

4 Celebrate the 4th!



Newsletter Staff

Kathy Purcell
Brenda Dunlap
Sally Sue Barry
Colleen Blazier

NEW FEATURE

In this issue of the *Sorpti-Scoop* you will notice an article (see p.5) by **AMANDA CERUTTI**. Amanda is a WIN student who has volunteered to write about WIN for us. As a freshman this past year, she was quite involved in WIN – which you will see when you read her first article. Amanda has captured the essence of the WIN Program. We welcome her to the *Sorpti-Scoop*! Look for more of Amanda's WINning articles in future issues.

Celebrate Life!
BIRTHDAYS

JUNE

- 1 Alex Priest
- 17 Kathy Burrer
- 26 Anne Knight
- 27 Heidi Ennes

JULY

- 2 Janet Wicker
- 4 Dale Simon
- 15 Laurel Bentsen
- 17 Kathy Purcell
- 18 Peg Rinker
- 20 Philippa Manley
- 28 Jane Manzer

SCHOLARSHIP NOTEBOOK REVIEW

Cathy Angel and her Ad-Hoc committee met on May 16 to review over 100 high school notebooks. It is inspiring to read what these young men and women have accomplished. We awarded seven scholarships.



The Ad-Hoc Scholarship Notebook Review Committee
Cathy Angel, Kathy Burrer, Dale Simon, Kathy Purcell (not in photo), Jane Manzer, Sherry Schubert, Peg Rinker, Jeanie Blaurock, Judy Ogilvie, Janet Wicker



The Shy (?) Sherry Schubert hiding behind a notebook.

THE SCHOLARSHIP WINNERS



- Sequim Soroptimist Fine Arts Scholarship - Alicia Gilstrom*
- Linda Wood Memorial Scholarship - Rochelle Penn*
- Ruth Mogan Memorial Scholarship - Ellie Brown*
- Sequim Soroptimist Academic Scholarship - Holly Faulstich*
- Sequim Soroptimist Vocational Scholarship - Jeremy Johnstad*
- Tom Southard Memorial Scholarship - Bryce Millet*
- Kathro Stevens Medical Scholarship - Devon McMinn*



Lisa Spoelstra

Winner of the 2004 - 2005
Professional Technical Award

The First Ever WIN AWARDS LUNCHEON

THE INSPIRING SPEAKERS



Gail Frick



Colleen Blazier

On May 24, 2005 we held our first ever WIN Awards Luncheon at Paradise Restaurant. Two of our Soroptimist Sisters, **GAIL FRICK** and **COLLEEN BLAZIER**, shared their personal stories. We awarded three \$250 Scholarships, three \$100 savings bonds and five \$50 savings bonds.



Penny Wolf - the MC



A special award was presented to Mitzi Sanders for her continued tireless efforts as our Partner in the WIN (Women In Networks) Program and for her dedication to improving the lives of women and girls.



Cathy Angel presents Mitzi Sanders with her award.

\$250 Scholarships
 Ellison Brown
 Emily Howat
 Sarz Witczak

\$50 Savings Bonds
 Whitney Bigger
 Brittany Langston
 Diedra Madsen
 Karen Millsap
 Kori Winnop

\$100 Savings Bonds
 Juliana Morena
 Laura Webber
 Corinna Wright





Some of the WINners

WIN - The year in a nutshell

"Another successful WIN year. Fall kickoff. ROPES. Science luncheon. UW visit. Art Institute visit. First annual awards luncheon: Three scholarships. Eight savings bonds. WIN/Soroptomist interaction. Thanks to all members for supporting this great SI program. Looking forward to an even greater 2005-06!" - Penny Wolf



AMANDA CERUTTI - WIN Reporter

What three words describe a sisterhood of mentors and peers that breaks down barriers, embraces opportunities to self-educate and allows exploration of traditional and non-traditional careers for young women? Women in Networks! In entering its 8th year as partners, Soroptomist International of Sequim and Sequim High School eagerly ventured forth to provide us with one memorable and fulfilling WIN year. Current members and new recruits met for the very first time, in November, at the Oak Table Café to hear keynote speaker,

Justice Susan Owens. Justice Owens was the 7th woman elected to serve on the Washington State Supreme Court. She shared with us some of her triumphs and challenges in helping to create law for Washington State.

In January, we were invited to a "Women in Science" luncheon. This took place at our very own high school. We heard from guest speaker Penny Becker, Catherine Hawkins-Hoffman, Ann Shaffer and Lara Johnson. Each one offered a unique perspective on their chosen field of science. Several weeks later, we were on our way to the "Women Fly" exhibition at the Museum of Flight, in Seattle. What a truly amazing experience! Everyone got a chance to meet Mary Dilda. She is a stunt plane flyer and she happily shared with us, the thrill of being a part of the air races in Reno, Nevada.

Our very last field trip of the year was to the Art Institute of Seattle. The campus was fascinating, as it showcased the "ever-changing" and "high-tech" world of art. As our school year came to a close, we were invited to a nice luncheon at the Paradise Restaurant in Sequim. It was during this exciting event, that selected WIN members received savings bonds and/or scholarships.

In reflection, the only opportunity that I personally did not seize this year was the R.O.P.E.S. Challenge Course at Peninsula College. It is designed to build self-esteem, teamwork and trust with unconditional support among peers. The first thing that came to mind was "fear of heights" and "falling!" You see, the very essence of WIN is the challenge of standing before our own fears. If we offer up, to live in the moment, we can gain strength, courage and confidence to achieve things never before realized. I, myself, must take a deep breath, spread my wings and fly. In doing so, I am free to accomplish anything I desire. Wow! Please sign me up, Ms. Sanders!

RELAY FOR LIFE

Another Soroptimist Success Story

June 3rd and 4th brought a few clouds and some light showers. It also brought so many of our dedicated Soroptimists to the Clallam County **Relay For Life**. The event was held at the Clallam County Fairgrounds and it was a wonderfully successful event!



Kathleen DeJong offered her canopy tent and the 10 foot ceiling was perfect for the 8 foot prop that filled the backdrop. The theme for the Relay was "Walkin' and Rockin' to Fight Cancer. I dare say that Nanc Smith, our co-captain, did more rockin' than anyone else during her 24 hour vigil. Her rocking chair coordinated perfectly with the theme as did all the clocks that decorated the booth. The large prop had a huge clock with movable feet. Yes, our clock had feet instead of hands. We had a group of enthusiast that came to our booth every hour to have their pictures taken in front of the clock as it ticked off the hours to our sweet success.

Speaking of sweet, our chief extraordinaire, Sherry Schubert, made the most incredible cake for the cake walk on Saturday morning. All 45 teams were encouraged to submit cakes for judging and Sherry made that a very easy decision. As you can see from the pictures, the word "awesome" was heard from most of the viewers. Her attention to detail with each luminary was done with TLC. All the proceeds from the cake walk were added to our pledge of \$4000.00.

Laura Maroney also spent the night at the fairgrounds with Nanc. It was so wonderful to see so many of you there plus all the friends of Soroptimist. Sandy and Jim Reed brought an RV and camped with their precious granddaughter Skyler. We thank each and everyone that made this Relay For Life so special. Your contributions helped us exceed our wildest dreams. We have now turned in **\$4571.00!**

We were proud to be Walkin' and Rockin' Soroptimists.

Nanc Smith & Colleen Blazier
Co-Chairs



Nanc Smith, Colleen Blazier, Jim Reed, Laura Marony, Sandy Reed



Nanc Smith with Gail on her lap; Louella looks on in the back.



Sherry Schubert with the Prize-Winning Cake!

VIP LUNCHEON



Sequim Royalty



Visiting Royalty

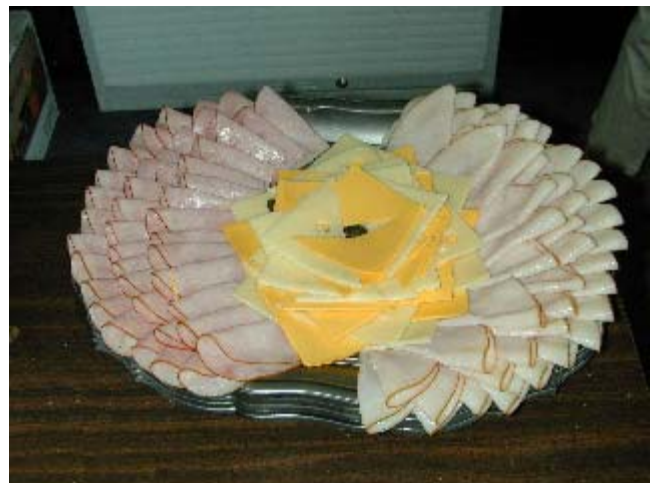


More Visiting Royalty

The 110th Irrigation Festival is history. And Soroptimist of Sequim was once again part of the festivities. On Saturday, May 14, 2005, we hosted the VIP Luncheon, with help from our partners at Key Bank. Our local royalty as well as royalty and supporting crew from around the state stopped by to change their clothes, fix their hair, have a bite to eat, and generally join in the fun. Many thanks to all the Soroptimist members who helped make it happen. Some of the helpers are pictured below.



Jeanie Blaurock, Frances Well, Sally Sue Barry,
Janet Wicker, Mayme Faulk, Heidi Ennes



Who can forget Heidi's masterpiece?

COMMUNICATIONS/IMAGE COMMITTEE REPORT

On our club website: <sisequim.com> we see explanations of the two words: Communication and Image. When we read them, as Soroptimists, we see an even deeper meaning.

FINDING MEANING

Communications

The Latin root of “**communication**” is *communicare*, which has three possible meanings.

1. “to make common”, which is probably derived from either 2 or 3
2. *cum + munus* , i.e. having gifts to share in a mutual donation.
3. *cum + munire* , i.e. building together a defense, like the walls of a city.

Image

A representation of anything to the mind; a picture drawn by the fancy; a conception; an idea.

It has been a wonderful year, with better communication and more name recognition. I want to personally thank my Media Mavens: Kate Creasey, Brenda Dunlap, Anne Knight and Sandy Reed.

Kathy Purcell

Communications/Image Committee Chair

INTERNET COORDINATOR UPDATE

Recently I was talking with a few Soroptimist friends and I asked why they thought more members didn't check out the region website. The consensus was that members don't go to the NWR website until they have a NEED to go there – in order to find something specific they were looking for.

This year the Communications/Image Committee gave club members a reason to go to the NWR website – the Program Focus Report Contest. Many members participated in the contest and learned some new things by reading about projects of other Soroptimist clubs. Kudos to all of you who took part in the challenge.

In preparation for this article, I was browsing the NWR website <soroptimistnwr.com> to look for something to share with you. I didn't see anything marked 'new.' For me, that means I've probably at least glanced at most things on the site.

Last year when the regular TV shows had their hiatus, the networks found a clever way of encouraging viewers to watch the reruns. “If you haven't seen it, it's new to you!” This came to mind as I was visiting the region website. While you are on hiatus this summer, why not take a look at the wealth of information available to you! If you haven't seen it, it's new to you!

Have a great summer.
Kathy Purcell
Internet Coordinator

NORTHWESTERN REGION CONFERENCE

There were four of our members who represented Soroptimist International of Sequim at the Region Conference in Missoula, MT. They were Megan O'Donnell, Kathy Purcell, Kate Creasey and Jane Manzer. Kate and Jane were first time attendees. Here are a few comments from each of them about their experience at the conference.



No, this isn't Jane in prison. One of the other Soroptimist clubs made a banner and had it draped over the railing of their balcony. That inspired us (Jane and me) to show off our SI/Sequim Flower Power T-shirt. We tied it to our railing using the belt from Jane's robe.

Jane writes:

Aside from the joy of returning to the state where I grew up, going to regional conference was a wonderful experience. I thoroughly enjoyed meeting so many people, knowing that we started off with the common bond of Soroptimism. Region brought our club into focus as a microcosm of the worldwide organization. I was thrilled to be reminded over and over again that SI Sequim is part of every project, goal, and success that was talked about at the meeting. I could go on and on about the numerous things I enjoyed about the whole trip, but suffice to say that it was a great experience that I hope everyone in the club gets, at one point in time or another. Next year, when the region conference so close to home, let's TARGET TACOMA and have a huge representation from Sequim. It's a blast!



Standing: Kathy Purcell, Lynn Coleman (SI/Redmond), Megan O'Donnell, Holly James (SI/Greater Bremerton Area), sitting: Kate Creasey, Jane Manzer, Mo Anduiza (SI/Greater Bremerton Area)



Kate writes:

Something that really came home to me was just how important what we do as Soroptimists is and how much difference we make not only as a local club but as a world wide organization as well. Also, the whole concept of sisterhood and how we all need each other and need to give while we can to those who have need. What an honor to be a part of an organization that touches the lives of other women in such a big way.

INSTALLATION DINNER /CLUB AWARDS



Gail Frick says "YES!" as she receives
The Club's 2004 – 2005 Woman of Distinction Award

Gail is the silent backbone of our club. She believes strongly in Soroptimist and has devoted many hours to the Club. We all know of the visible things she's done like serving as Treasurer, President, Membership Chairman and Garden Show Chairman; but, many of us don't realize the hours she puts in quietly working behind the scene. She volunteers to do things that no one else wants to do or has time to do. She supports not only our club but those in our Area, Region, and District. You can always count on Gail to come through!



Penny Wolf proudly accepts
The 2004 – 2005 President's Award

Penny stepped in and provided outstanding leadership and enthusiasm to the WIN program at a time it had begun to flounder and possibly die away. She provided the "spark" to not only bring it back to life but to cause it to prosper and grow. She encouraged monthly activities for the girls as well as helping develop the first WIN Awards Luncheon. And, just as important... she also volunteered to chair the Win program again next year.

Dear Soroptimist Sisters,

Many things have changed in my life since I accepted the role of President-elect a year ago. These changes have made it more difficult to meet the demands that the President role promises for this year. I know that expanding my role as the President within the Sequim club at this time is not a wise decision.

I have decided to resign the 2005- 2006 President role with the Sequim Soroptimist club. I hope you will understand and support me in this decision. I have wanted very much to serve in the President role this coming year but I feel this is what I need to do for everyone. I love the Soroptimist organization and what it stands for. I want for our club to have a great year and this move gives it a better chance of happening.

President-elect Kate Creasey has agreed to fill the President role for us and I'm certain that she will do an excellent job. And I know that you will enjoy working with her, as I have.

There are many meaningful ways to contribute and I know that each of you will do wonderful things for the community and towards the Soroptimist mission this year.

In Soroptimist Friendship,
Megan O'Donnell



Do you recognize these women? They are our 2005 - 2006 Officers and Board.



Cindy Lamberth & Kathy Jilg who provided a delicious meal for those who attended the dinner.



The 2005 – 2006 Installation Dinner
was catered by Kathy Jilg,
owner of Café Café, 681-3132

Some Letters of Thanks...

Dear Soroptimist Committee,

Hello once again! I have successfully made it through to Spring quarter and have no doubt that I will soon be completing the first year of the Physicians Assistant program at the University of Washington. It has been a difficult but fun year. I have taken full time classes since last June. The program requires us to be in class from 8:30 am to 4:30 pm every day. The faculty is very supportive as most know first hand the rigors of the program.

I am very happy to report how well I have done in the program. I truly feel that I have found my niche in medicine. I hope that this is evident to you by my grades. I have now been on the Dean's List two quarters in a row. Fall quarter I completed with a GPA of 3.55 and Winter quarter with a 3.65. Currently my cumulative GPA is 3.47.

I also recently had my first experience seeing patients in my new role as Physician Assistant. During our Spring break we were required to see patients in clinic for one week. I was assigned to the Group Health Clinic in Seattle. I really enjoyed working with my preceptor and loved the opportunity to start practicing medicine. It was refreshing to use all the knowledge that we have learned thus far.

I will be taking one class at UW over the summer in order to complete my four-year degree requirements and then will start attending PA classes again in September. Next year will be much different than this year as I will be doing all of my internships. We have to complete a six-month primary care internship, followed by six, four-week clerkships in specialty areas. The specialty areas of medicine include emergency care; orthopedics; surgery; behavioral medicine; rural medicine, etc. I anticipate my graduation to be September 2006.

The cost of tuition and fees per quarter is \$4,059 for a total of eight quarters. I am still unable to work while I am in school. I am hoping to possibly renew my scholarship from your organization. I have appreciated your assistance with funding more than I can express to you. It is so flattering and refreshing to have organizations like yours to ease the burden of finances when trying to complete such a rigorous educational program. The scholarship office has a new address to send Scholarship checks. It is as follows:

University of Washington Scholarships
PO Box 24967
Seattle, WA 98124-1967

Thanks you so much for your support.

Sincerely,
Tiffany Sande
PA-S, MEDEX Northwest
School of Medicine, University of Washington

To Whom It May Concern

I would like to take the time to thank all of you at Soroptimist for the \$50 bond that you chose to give to me. Seeing as how I will be attending college in about a year, every bit counts. Once again, thank you.
Whitney Bigger

I am very honored to be chosen for the WIN Scholarship as well as the Ruth Mogan Memorial Scholarship. It means a lot to me that you have recognized my work in the community and have given me the extra encouragement I need to reach my goals. I am very excited to begin college in the fall and I'm thankful that you have been there to support my dreams. Your enthusiasm for helping young women like myself will always be appreciated.

Sincerely,
Ellison Brown

Ms. Wolf,

Thank you very much for the scholarship. This is my first one, so I am very excited! The WIN Program is an extremely important program. I have learned a lot about myself through the activities. I have also made several new connections and friendships through the luncheons and other outings. I deeply apologize for not being at the banquet. I was regrettably ill that day and again, I apologize. Thank you again for the support and scholarship. Please keep me in mind again next year! 😊

Sincerely,
Brittany Langston

Dear Soroptimists,

Thank you so much for giving me this scholarship. I am so thrilled and excited for receiving this scholarship. I can hardly keep from jumping up and down. Jane and I will definitely be there at the scholarship breakfast on Tuesday, May 31st. Thank you for helping me make my dreams come true. I have really wanted to go to college and you have made it possible for me. Thanks again.

Sincerely
Rochelle Penn

Soroptimists,

Thank you so much for the \$50 savings bond and your commitment to the WIN Program. Thank you for your generosity and all your great work put forth for us. It is greatly appreciated!

Thanks again.
Kori Winnop

Dear Soroptimist International of Sequim

Thank you so much for selecting me to receive your Professional Technical Award. It is a great honor to have been chosen.

This scholarship will be an aid in financing my educational goals of becoming a Dental Hygienist. I am grateful for your support and contributions.

Thank you again,
Lisa Spolestra

SUMMERHOUSE

Summerhouse is a place, a feeling, a memory
When you're young, summer holds the prospect of new adventure
School's out, the annual trip to the beach, the farm, the mountains...
Grandparents, cousins, best friends
With each summer you turn the corner and discover more of the world and yourself
Taking chances, pretending you're one year older than you really are
Losing innocence along the way
First camping trip, first surfboard, first love
The family gathers for dinner each night in the big house with so many rooms and closets
You lie awake in bed plotting the next day's adventures wishing this time would never end...
Now we're older our busy lives mask the changing seasons
But each summer a warm moonlit breeze or a familiar smell
Or sound can trigger a flood of emotions
Memories of the time and place where we grew up the most

Gregg Karukas 2-93



Soroptimist International of Sequim
P.O. Box 126
Sequim, WA 98382

SOROPTIMIST
Best for Women

To A Woman Making A Difference For Women